

Mid Lancs T&F League

Litherland Sports Park - Litherland

29th July 2017

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Senior Men 100m

1	923	Joe Lonsdale	Pendle AC	11.10	1	7
2	810	Symon Woan	Preston Harriers	11.10	2	5
3	894	Leon Stubbs	Burnley AC	11.40	3	7
4	800	Declan Taylor	Preston Harriers	11.70	4	4
5	895	Joshua Waddington	Burnley AC	12.00	5	5
6	634	Christopher Burgess	Southport Waterloo AC	12.30	6	3
7	629	Jimmy Alderson	Southport Waterloo AC	12.40	7	2
8	996	Steve Roberts	Kendal AC	13.40	8	4

Senior Men 200m Heat 1

1	810	Symon Woan	Preston Harriers	22.60	1	7
2	894	Leon Stubbs	Burnley AC	22.60	2	7
3	800	Declan Taylor	Preston Harriers	23.60	3	5
4	41	Paul Coffey	Blackburn H & AC	24.00	4	4
5	634	Christopher Burgess	Southport Waterloo AC	24.70	5	3
6	895	Joshua Waddington	Burnley AC	24.90	6	5

Senior Men 200m Heat 2

1	387	Jordan Swift	Chorley Athletic	25.00	7	4
2	889	Steve Goodwill	Burnley AC	25.30	8	nc
3	997	Lewis Watmough	Chorley Athletic	25.30	9	3
4	629	Jimmy Alderson	Southport Waterloo AC	25.70	10	2
5	882	Ian Rivers	Kirkby Milers	30.90	11	2

Senior Men 400m

1	1121	Matthew Harris	Guest	51.70	1	
2	694	Matthew Campbell	Southport Waterloo AC	53.20	2	7
3	1120	Connor Richardson	Guest	54.20	3	
4	629	Jimmy Alderson	Southport Waterloo AC	54.80	4	5
5	997	Lewis Watmough	Chorley Athletic	55.30	5	7
6	889	Steve Goodwill	Burnley AC	57.10	6	5

Senior Men 800m

1	920	Joshua Ingham	Pendle AC	2:01.60	1	7
2	924	James Marchant	Pendle AC	2:02.20	2	5
3	329	Jack Crook	L'pool Pembroke Sefton	2:05.60	3	4

4	287	James Metcalfe	L'pool Pembroke Sefton	2:06.30	4	3
5	294	Joe Mulhall	L'pool Pembroke Sefton	2:07.50	5	nc
6	387	Jordan Swift	Chorley Athletic	2:12.10	6	7
7	996	Steve Roberts	Kendal AC	2:40.50	7	5

Senior Men 1500m

1	232	Jonathon Bride	L'pool Pembroke Sefton	4:12.70	1	7
2	984	Luke Bowen	Kendal AC	4:13.30	2	7
3	849	Paul Cunningham	Kirkby Milers	5:05.10	3	5

Senior Men Long Jump

1	273	Matthew Ingram	L'pool Pembroke Sefton	6.36	1	7
2	880	Neil Barber	Kirkby Milers	4.37	2	7
3	882	Ian Rivers	Kirkby Milers	4.10	3	5
4	879	Terry Noon	Kirkby Milers	3.56	4	nc
5	849	Paul Cunningham	Kirkby Milers	2.88	5	nc

Senior Men Triple Jump

1	273	Matthew Ingram	L'pool Pembroke Sefton	13.08	1	7
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Senior Men Shot Putt

1	650	Liam Harris	Southport Waterloo AC	10.80	1	7
2	1006	Thomas Crowe	Preston Harriers	10.20	2	5
3	636	Nathan Byrne	Southport Waterloo AC	9.91	3	4
4	233	Dave Brown	L'pool Pembroke Sefton	8.56	4	3
5	634	Christopher Burgess	Southport Waterloo AC	7.93	5	nc
6	272	Callum Hynd	L'pool Pembroke Sefton	7.49	6	2
7	241	Mark Crompton	L'pool Pembroke Sefton	7.39	7	nc
8	880	Neil Barber	Kirkby Milers	7.15	8	7
9	879	Terry Noon	Kirkby Milers	7.11	9	5
10	882	Ian Rivers	Kirkby Milers	7.03	10	nc
11	426	Greg Oulton	Lytham St.Annes RR	5.95	11	4
12	858	Lewis Houghton	Kirkby Milers	5.83	12	nc

Senior Men Discus Throw

1	1006	Thomas Crowe	Preston Harriers	32.90	1	7
2	233	Dave Brown	L'pool Pembroke Sefton	30.20	2	5
3	650	Liam Harris	Southport Waterloo AC	29.90	3	4
4	636	Nathan Byrne	Southport Waterloo AC	29.00	4	3
5	241	Mark Crompton	L'pool Pembroke Sefton	25.01	5	2
6	874	Philip Kelsall	Kirkby Milers	23.47	6	7
7	486	Stephen Sumner	Hyndburn AC	19.42	7	5
8	426	Greg Oulton	Lytham St.Annes RR	14.69	8	4

Senior Men Javelin Throw

1	486	Stephen Sumner	Hyndburn AC	34.20	1	7
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2	1006 Thomas Crowe	Preston Harriers	28.99	2	7
3	272 Callum Hynd	L'pool Pembroke Sefton	24.76	3	5
4	636 Nathan Byrne	Southport Waterloo AC	24.48	4	4
5	485 Phil Sumner	Hyndburn AC	22.88	5	5
6	874 Philip Kelsall	Kirkby Milers	20.37	6	4
7	426 Greg Oulton	Lytham St.Annes RR	12.96	7	3

Senior Men Hammer Throw

1	650 Liam Harris	Southport Waterloo AC	38.77	1	7
2	233 Dave Brown	L'pool Pembroke Sefton	27.94	2	5
3	486 Stephen Sumner	Hyndburn AC	18.99	3	7
4	241 Mark Crompton	L'pool Pembroke Sefton	14.99	4	4

Under 17 Men 100m Heat 1

1	932 Jamie Oldcorn	Pendle AC	12.10	3	4
2	688 Ethan Harrison	Southport Waterloo AC	12.40	4	3
3	988 Jack O'Neill	Southport Waterloo AC	12.40	5	2
4	722 Samuel Mercer	Lancaster Morecambe AC	12.70	6	1
5	200 Sam Jackson	Barrow & Furness AC	13.40	7	7

Under 17 Men 100m Heat 2

1	336 Callum Garvey	L'pool Pembroke Sefton	12.00	1	7
2	309 Ciaran Scroggie	L'pool Pembroke Sefton	12.00	2	5

Under 17 Men 200m Heat 1

1	801 Ethan Tibbs	Preston Harriers	23.80	1	7
2	309 Ciaran Scroggie	L'pool Pembroke Sefton	24.30	2	5
3	932 Jamie Oldcorn	Pendle AC	24.90	4	3
4	200 Sam Jackson	Barrow & Furness AC	28.10	7	7

Under 17 Men 200m Heat 2

1	314 Owen Southern	L'pool Pembroke Sefton	24.70	3	4
2	688 Ethan Harrison	Southport Waterloo AC	25.10	5	2
3	988 Jack O'Neill	Southport Waterloo AC	25.50	6	1

Under 17 Men 400m

1	1533 Arron Baird	Guest	52.90	1	
2	566 George Robinson	Blackpool Wyre Fylde AC	57.20	2	7
3	561 Bradley Parsons	Blackpool Wyre Fylde AC	58.50	3	5
4	200 Sam Jackson	Barrow & Furness AC	63.10	4	7

Under 17 Men 800m

1	384 Kian Davis	Chorley Athletic	2:04.70	1	7
2	790 Benjamin Preddy	Preston Harriers	2:06.80	2	7
3	1111 Matthew Fazackerley	Preston Harriers	2:09.80	3	5

4	1019 Euan Marsden	Preston Harriers	2:14.30	4	nc
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Under 17 Men 1500m

1	384 Kian Davis	Chorley Athletic	4:28.20	1	7
2	587 Jack Tickle	Blackpool Wyre Fylde AC	4:46.70	2	7
3	846 Daniel Cope	Kirkby Milers	5:59.70	3	5

Under 17 Men Long Jump

1	801 Ethan Tibbs	Preston Harriers	5.83	1	7
2	722 Samuel Mercer	Lancaster Morecambe AC	5.72	2	5
3	846 Daniel Cope	Kirkby Milers	3.60	3	7

Under 17 Men High Jump

1	256 Kai Finch	L'pool Pembroke Sefton	1.90	1	7
2	314 Owen Southern	L'pool Pembroke Sefton	1.80	2	5

Under 17 Men Triple Jump

1	801 Ethan Tibbs	Preston Harriers	11.83	1	7
2	158 Jonathan Gough	Blackburn H & AC	11.31	2	5
3	356 Oliver Goldthorp	Chorley Athletic	10.75	3	7

Under 17 Men Shot Putt

1	561 Bradley Parsons	Blackpool Wyre Fylde AC	8.28	1	7
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Under 17 Men Javelin Throw

1	635 Daniel Byrne	Southport Waterloo AC	38.46	1	7
2	244 Max Dawson	L'pool Pembroke Sefton	36.08	2	5
3	846 Daniel Cope	Kirkby Milers	12.54	3	7

Under 15 Boys 100m

1	158 Jonathan Gough	Blackburn H & AC	12.30	7
2	556 Riley Nagle	Blackpool Wyre Fylde AC	12.50	5
3	806 Will Whiteside	Preston Harriers	12.80	4
4	613 James Coxhill	Blackpool Wyre Fylde AC	13.00	3
5	612 Joseph Ashton	Blackpool Wyre Fylde AC	13.40	nc
6	652 Jamie Hopkins	Southport Waterloo AC	13.60	2
7	1042 Harvey Bradshaw	Blackburn H & AC	13.80	1
8	639 Sam Coupland	Southport Waterloo AC	14.00	

Under 15 Boys 200m Heat 1

1	556 Riley Nagle	Blackpool Wyre Fylde AC	25.50	1	7
2	316 Harry Steele	L'pool Pembroke Sefton	25.60	2	5
3	356 Oliver Goldthorp	Chorley Athletic	27.80	6	4
4	1086 Joshua Best	Preston Harriers	29.20	7	3

Under 15 Boys 200m Heat 2

1	845	Benjamin Cook	Kirkby Milers	26.10	3	7
2	715	Jack Garwood	Lancaster Morecambe AC	26.60	4	4
3	953	Joshua Roelants	Kendal AC	27.40	5	5

Under 15 Boys 400m Heat 1

1	557	James Nicholas	Blackpool Wyre Fylde AC	53.70	1	7
2	845	Benjamin Cook	Kirkby Milers	57.60	2	7
3	715	Jack Garwood	Lancaster Morecambe AC	59.10	4	4

Under 15 Boys 400m Heat 2

1	556	Riley Nagle	Blackpool Wyre Fylde AC	57.80	3	5
2	306	Mark Roberts	L'pool Pembroke Sefton	59.20	5	3
3	1086	Joshua Best	Preston Harriers	63.90	6	2
4	1100	Archie Bousfield	Preston Harriers	70.40	7	1

Under 15 Boys 800m

1	1538	Charlie Roberts	Guest	2:03.60	1	
2	579	James Smith	Blackpool Wyre Fylde AC	2:13.60	2	7
3	372	Harrison Reilly	Chorley Athletic	2:15.90	3	7
4	258	Fletcher Foster	L'pool Pembroke Sefton	2:19.60	4	5
5	953	Joshua Roelants	Kendal AC	2:30.20	5	5
6	1100	Archie Bousfield	Preston Harriers	2:42.30	6	4

Under 15 Boys 1500m

1	957	Jacob Smith	Kendal AC	4:47.60	1	7
2	959	Ben Smith	Kendal AC	5:00.80	2	5
3	141	Harry Wilkin	Blackburn H & AC	5:06.80	3	7
4	798	Luke Suffolk	Preston Harriers	5:25.30	4	5
5	867	Declan O'Connor	Kirkby Milers	5:34.40	5	4

Under 15 Boys 4x100m Relay

1	951	Kendal AC	56.10	1	7
2	845	Kirkby Milers	DQ	2	0

Under 15 Boys Long Jump

1	158	Jonathan Gough	Blackburn H & AC	5.47	1	7
2	806	Will Whiteside	Preston Harriers	4.91	2	5
3	652	Jamie Hopkins	Southport Waterloo AC	4.87	3	4
4	762	Harry Burrow	Preston Harriers	4.77	4	3
5	578	Scott Sinclair	Blackpool Wyre Fylde AC	4.50	5	2
6	748	Oliver Ip	Lancaster Morecambe AC	4.44	6	1
7	1042	Harvey Bradshaw	Blackburn H & AC	4.41	7	
8	957	Jacob Smith	Kendal AC	4.30	8	7
9	828	Charlie Hodgson	Preston Harriers	4.14	9	nc

Under 15 Boys High Jump

1	748	Oliver Ip	Lancaster Morecambe AC	1.55	1	7
2	806	Will Whiteside	Preston Harriers	1.55	2	5
3	578	Scott Sinclair	Blackpool Wyre Fylde AC	1.55	3	4
4	306	Mark Roberts	L'pool Pembroke Sefton	1.55	4	3
5	953	Joshua Roelants	Kendal AC	1.45	5	7
6=	356	Oliver Goldthorp	Chorley Athletic	1.35	6=	5
6=	828	Charlie Hodgson	Preston Harriers	1.35	6=	2
8	316	Harry Steele	L'pool Pembroke Sefton	1.20	8	1

Under 15 Boys Shot Putt

1	662	Patrick Manchester	Southport Waterloo AC	8.90	1	7
2	578	Scott Sinclair	Blackpool Wyre Fylde AC	7.82	2	5
3	762	Harry Burrow	Preston Harriers	7.13	3	4
4	1043	Matthew Heywood	Blackburn H & AC	5.99	4	3

Under 15 Boys Discus Throw

1	639	Sam Coupland	Southport Waterloo AC	26.19	1	7
2	662	Patrick Manchester	Southport Waterloo AC	25.99	2	5
3	772	Ethan Hallas	Preston Harriers	23.33	3	4
4	1043	Matthew Heywood	Blackburn H & AC	21.96	4	3
5	579	James Smith	Blackpool Wyre Fylde AC	16.10	5	2

Under 15 Boys Javelin Throw

1	884	Harrison Codd	Burnley AC	30.96	1	7
2	652	Jamie Hopkins	Southport Waterloo AC	30.16	2	7
3	762	Harry Burrow	Preston Harriers	27.36	3	5
4	639	Sam Coupland	Southport Waterloo AC	23.87	4	4
5	579	James Smith	Blackpool Wyre Fylde AC	23.33	5	3
6	662	Patrick Manchester	Southport Waterloo AC	23.03	6	nc
7	665	Lewis McMahon	Southport Waterloo AC	20.59	7	nc
8	864	Finley McKenna	Kirkby Milers	19.96	8	5
9	1085	Harvey Jolliffe	Preston Harriers	17.56	9	2
10	798	Luke Suffolk	Preston Harriers	16.20	10	nc
11	867	Declan O'Connor	Kirkby Milers	10.00	11	4
12	828	Charlie Hodgson	Preston Harriers	0.00	12	

Under 15 Boys Hammer Throw

1	757	Alex Bernstein	Preston Harriers	50.92	1	7
2	132	Kyle Taylor-Pomfret	Blackburn H & AC	16.09	2	5

Under 13 Boys 100m Heat 1

1	1098	Isaac Mabaya	Preston Harriers	13.10	1	7
2	775	James Ince	Preston Harriers	13.70	2	5
3	609	Rhys Sandoual-Roberts	Blackpool Wyre Fylde AC	13.80	3	4

4	1020 Hayden Middleton	Preston Harriers	14.30	7	nc
5	315 Alexander Steele	L'pool Pembroke Sefton	15.00	12	

Under 13 Boys 100m Heat 2

1	700 Jack Clark	Southport Waterloo AC	14.00	4	3
2	835 Sebastian Chiarella	Preston Harriers	14.60	9	nc
3	165 David Holman	Blackburn H & AC	14.80	10	1
4	598 Thomas Wilkinson	Blackpool Wyre Fylde AC	15.10	13	
5	929 Kitt Nelson	Pendle AC	15.10	14	
6	691 Marcus Burgess	Southport Waterloo AC	15.90	16	

Under 13 Boys 100m Heat 3

1	985 James Roberts	Kendal AC	14.10	5	7
2	497 Lucas Stevenson	Hyndburn AC	14.20	6	5
3	260 Shaun French	L'pool Pembroke Sefton	14.40	8	2
4	183 Lucas Seal	Barrow & Furness AC	14.90	11	4
5	592 Harrison Tweedale	Blackpool Wyre Fylde AC	15.70	15	nc

Under 13 Boys 200m Heat 1

1	609 Rhys Sandoual-Roberts	Blackpool Wyre Fylde AC	28.10	1	7
2	700 Jack Clark	Southport Waterloo AC	29.10	2	5
3	835 Sebastian Chiarella	Preston Harriers	30.60	4	3
4	1080 George Denye	Preston Harriers	30.70	5	2
5	164 Codie Dewhurst	Blackburn H & AC	32.90	8	

Under 13 Boys 200m Heat 2

1	732 Tobias Swarbrick	Lancaster Morecambe AC	30.50	3	4
2	167 Isaac Butler	Blackburn H & AC	31.50	6	1
3	315 Alexander Steele	L'pool Pembroke Sefton	31.70	7	
4	990 Jordan Potts	Southport Waterloo AC	35.60	9	
5	989 Cuan Potts	Southport Waterloo AC	38.40	10	nc

Under 13 Boys 800m Heat 1

1	952 James Bowen	Kendal AC	2:19.90	1	7
2	732 Tobias Swarbrick	Lancaster Morecambe AC	2:21.80	2	7
3	1080 George Denye	Preston Harriers	2:30.60	3	5
4	165 David Holman	Blackburn H & AC	2:34.90	4	4
5	737 Fabian Schiller	Lancaster Morecambe AC	2:38.00	5	3
6	167 Isaac Butler	Blackburn H & AC	2:39.10	6	2
7	540 Sebby Holt	Blackpool Wyre Fylde AC	2:39.30	7	1
8	793 Billy Reid	Preston Harriers	2:41.00	9	
9	807 Vladimir Wiggins	Preston Harriers	2:43.60	11	nc

Under 13 Boys 800m Heat 2

1	929 Kitt Nelson	Pendle AC	2:40.20	8	
2	764 Thomas Chadwick	Preston Harriers	2:41.40	10	nc

3	305	James Roberts	L'pool Pembroke Sefton	2:47.30	12	
4	351	Will Davis	Chorley Athletic	2:47.90	13	5
5	863	Elliot Mccarthy	Kirkby Milers	2:49.20	14	4
6	956	Oliver Smith	Kendal AC	2:51.30	15	3
7	164	Codie Dewhurst	Blackburn H & AC	2:51.30	16	nc
8	881	Jack McIntyre	Kirkby Milers	2:53.70	17	2

Under 13 Boys 1500m

1	1532	Gabriel Meehan	Guest	4:58.80	1	
2	289	Jacob Slater	L'pool Pembroke Sefton	5:05.50	2	7
3	132	Kyle Taylor-Pomfret	Blackburn H & AC	5:15.20	3	5
4	751	Finley Corkill	Leven Valley AC	5:24.80	4	7
5	871	Ryan Short	Kirkby Milers	5:29.70	5	5
6	1005	Jenson Warren	Preston Harriers	5:31.60	6	4
7	592	Harrison Tweedale	Blackpool Wyre Fylde AC	5:40.00	7	3
8	304	James Read	L'pool Pembroke Sefton	5:46.20	8	2

Under 13 Boys 4x100m Relay

1	598		Blackpool Wyre Fylde AC	59.50	1	7
2	165		Blackburn H & AC	59.60	2	5

Under 13 Boys Long Jump

1	775	James Ince	Preston Harriers	4.67	1	7
2	951	Harry Bowen	Kendal AC	4.44	2	7
3	1020	Hayden Middleton	Preston Harriers	4.28	3	5
4	783	George Lowe	Preston Harriers	4.22	4	nc
5	260	Shaun French	L'pool Pembroke Sefton	4.06	5	4
6	167	Isaac Butler	Blackburn H & AC	3.83	6	3
7	497	Lucas Stevenson	Hyndburn AC	3.75	7	5
8	598	Thomas Wilkinson	Blackpool Wyre Fylde AC	3.72	8	2
9	985	James Roberts	Kendal AC	3.71	9	4
10	540	Sebby Holt	Blackpool Wyre Fylde AC	3.57	10	1
11	807	Vladimir Wiggins	Preston Harriers	3.54	11	nc
12	592	Harrison Tweedale	Blackpool Wyre Fylde AC	3.50	12	nc
13	552	George Mackenzie	Blackpool Wyre Fylde AC	3.46	13	nc
14	863	Elliot Mccarthy	Kirkby Milers	3.42	14	3
15	165	David Holman	Blackburn H & AC	3.39	15	
16	288	Matthew French	L'pool Pembroke Sefton	3.12	16	
17	881	Jack McIntyre	Kirkby Milers	2.99	17	2
18	737	Fabian Schiller	Lancaster Morecambe AC	2.99	18	
19	164	Codie Dewhurst	Blackburn H & AC	2.81	19	nc

Under 13 Boys High Jump

1	952	James Bowen	Kendal AC	1.50	1	7
2	1098	Isaac Mabaya	Preston Harriers	1.50	2	7
3=	783	George Lowe	Preston Harriers	1.45	3=	5
3=	951	Harry Bowen	Kendal AC	1.45	3=	5
5	540	Sebby Holt	Blackpool Wyre Fylde AC	1.45	5	4

6	775	James Ince	Preston Harriers	1.40	6	nc
7	598	Thomas Wilkinson	Blackpool Wyre Fylde AC	1.35	7	3
8	651	Michael Henderson	Southport Waterloo AC	1.30	8	2
9	732	Tobias Swarbrick	Lancaster Morecambe AC	1.15	9	1
10	990	Jordan Potts	Southport Waterloo AC	1.10	10	
11	989	Cuan Potts	Southport Waterloo AC	0.00	11	nc

Under 13 Boys Shot Putt

1	1020	Hayden Middleton	Preston Harriers	6.94	1	7
2	552	George Mackenzie	Blackpool Wyre Fylde AC	5.91	2	5
3	542	Kieran Howard	Blackpool Wyre Fylde AC	5.86	3	4
4	691	Marcus Burgess	Southport Waterloo AC	4.82	4	3

Under 13 Boys Discus Throw

1	132	Kyle Taylor-Pomfret	Blackburn H & AC	17.61	1	7
2	542	Kieran Howard	Blackpool Wyre Fylde AC	17.07	2	5
3	552	George Mackenzie	Blackpool Wyre Fylde AC	15.52	3	4
4	871	Ryan Short	Kirkby Milers	14.60	4	7
5	183	Lucas Seal	Barrow & Furness AC	14.53	5	5
6	691	Marcus Burgess	Southport Waterloo AC	11.63	6	3

Under 13 Boys Javelin Throw

1	951	Harry Bowen	Kendal AC	27.64	1	7
2	783	George Lowe	Preston Harriers	25.20	2	7
3	952	James Bowen	Kendal AC	23.05	3	5
4	542	Kieran Howard	Blackpool Wyre Fylde AC	21.35	4	5
5	183	Lucas Seal	Barrow & Furness AC	16.55	5	4
6	700	Jack Clark	Southport Waterloo AC	16.07	6	4

Senior Women 100m

1	869	Jennifer O'Sullivan	Kirkby Milers	16.00	1	7
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Senior Women 200m

1	323	Lucy Townson	L'pool Pembroke Sefton	26.80	1	7
2	1090	Hannah Mulholland	Preston Harriers	28.40	2	5
3	458	Sarah Cowgill	Hyndburn AC	29.40	3	4
4	705	Catherine Fearnley	Southport Waterloo AC	34.60	4	3

Senior Women 400m

1	1112	Charlotte Crook	Preston Harriers	58.50	1	7
2	323	Lucy Townson	L'pool Pembroke Sefton	60.10	2	5
3	869	Jennifer O'Sullivan	Kirkby Milers	76.00	3	7

Senior Women 800m

1	869	Jennifer O'Sullivan	Kirkby Milers	2:51.90	1	7
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2	866	Rachel Murray	Kirkby Milers	3:08.60	2	5
3	859	Helen Kelsall	Kirkby Milers	3:25.90	3	nc
4	847	Natalie Wilson	Kirkby Milers	4:02.70	4	nc

Senior Women 1500m

1	296	Kirsty Longley	L'pool Pembroke Sefton	4:49.10	1	7
2	704	Sarah Lunt	Southport Waterloo AC	6:07.90	2	5

Senior Women Long Jump

1	1122	Wendy Laing	Guest	4.43	1	
2	888	Helen Goodwill	Burnley AC	3.35	2	7

Senior Women High Jump

1	1122	Wendy Laing	Guest	1.50	1	
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Senior Women Shot Putt

1	1122	Wendy Laing	Guest	8.41	1	
2	503	Susan Ball	Blackpool Wyre Fylde AC	7.34	2	7
3	914	Lynn Baker	Pendle AC	6.15	3	7

Senior Women Discus Throw

1	637	Katy Coupland	Southport Waterloo AC	28.46	1	7
2	503	Susan Ball	Blackpool Wyre Fylde AC	23.44	2	5
3	888	Helen Goodwill	Burnley AC	22.98	3	7
4	253	Lucy Wroblewski	L'pool Pembroke Sefton	20.72	4	4
5	458	Sarah Cowgill	Hyndburn AC	20.71	5	3
6	914	Lynn Baker	Pendle AC	18.22	6	5
7	461	Carly Crawshaw	Hyndburn AC	16.44	7	2

Senior Women Javelin Throw

1	458	Sarah Cowgill	Hyndburn AC	31.17	1	7
2	253	Lucy Wroblewski	L'pool Pembroke Sefton	24.45	2	5
3	461	Carly Crawshaw	Hyndburn AC	20.76	3	4
4	866	Rachel Murray	Kirkby Milers	9.22	4	7
5	847	Natalie Wilson	Kirkby Milers	7.67	5	5
6	859	Helen Kelsall	Kirkby Milers	5.88	6	nc

Senior Women Hammer Throw

1	503	Susan Ball	Blackpool Wyre Fylde AC	24.66	1	7
2	888	Helen Goodwill	Burnley AC	23.14	2	7
3	253	Lucy Wroblewski	L'pool Pembroke Sefton	16.28	3	5

Under 17 Women 100m Heat 1

1	282	Lauren Lewis	L'pool Pembroke Sefton	12.90	1	7
2	1064	Daisy McDonald	Preston Harriers	13.00	2	5

3	138	Emily Warren	Blackburn H & AC	13.20	3	4
4	584	Alicia Stretton	Blackpool Wyre Fylde AC	14.00	6	1

Under 17 Women 100m Heat 2

1	571	Kirsty Rushton	Blackpool Wyre Fylde AC	13.50	4	3
2	796	Juliet Sherrington	Preston Harriers	13.60	5	2
3	716	Imogen Graham	Lancaster Morecambe AC	14.40	7	7
4	614	Leah Clark	Blackpool Wyre Fylde AC	14.80	8	nc

Under 17 Women 200m Heat 1

1	282	Lauren Lewis	L'pool Pembroke Sefton	26.40	1	7
2	138	Emily Warren	Blackburn H & AC	27.40	2=	4.5
3	774	Alisha Ibitoye	Preston Harriers	28.30	7	nc
4	584	Alicia Stretton	Blackpool Wyre Fylde AC	28.70	8	
5	614	Leah Clark	Blackpool Wyre Fylde AC	30.10	9	

Under 17 Women 200m Heat 2

1	1064	Daisy McDonald	Preston Harriers	27.40	2=	4.5
2	796	Juliet Sherrington	Preston Harriers	27.60	4	3
3	1062	Charlotte Daley	Preston Harriers	27.80	5	2
4	44	Hannah Cookson	Blackburn H & AC	28.20	6	1
5	873	Lois Byrne	Kirkby Milers	37.10	10	7

Under 17 Women 300m

1	558	Chloe Norman	Blackpool Wyre Fylde AC	44.00	1	7
2	797	Hollie Suffolk	Preston Harriers	46.50	2	5
3	794	Sophie Reid	Preston Harriers	48.70	3	4

Under 17 Women 400m

1	1114	Olivia Garratt	Preston Harriers	61.70	1	7
2	44	Hannah Cookson	Blackburn H & AC	67.20	2	5

Under 17 Women 800m

1	44	Hannah Cookson	Blackburn H & AC	2:45.10	1	7
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Under 17 Women 1500m

1	385	Lydia Wilcock	Chorley Athletic	4:59.00	1	7
2	873	Lois Byrne	Kirkby Milers	6:20.40	2	5

Under 17 Women Long Jump

1	282	Lauren Lewis	L'pool Pembroke Sefton	5.21	1	7
2	1062	Charlotte Daley	Preston Harriers	4.71	2	5
3	716	Imogen Graham	Lancaster Morecambe AC	4.60	3	7

Under 17 Women High Jump

1	1062 Charlotte Daley	Preston Harriers	1.55	1	7
2	558 Chloe Norman	Blackpool Wyre Fylde AC	1.40	2	5

Under 17 Women Triple Jump

1	1064 Daisy McDonald	Preston Harriers	10.08	1	7
2	1543 Phoebe Rouse	Guest	9.30	2	

Under 17 Women Shot Putt

1	912 Alex Baker	Pendle AC	11.00	1	7
2	1040 Emily Taberner	Blackburn H & AC	8.57	2	7
3	300 Alice Prescott	L'pool Pembroke Sefton	6.94	3	5

Under 17 Women Discus Throw

1	912 Alex Baker	Pendle AC	24.28	1	7
2	1040 Emily Taberner	Blackburn H & AC	21.37	2	7
3	797 Hollie Suffolk	Preston Harriers	13.78	3	5
4	873 Lois Byrne	Kirkby Milers	12.64	4	5

Under 17 Women Javelin Throw

1	1017 Anna Tankard	Preston Harriers	31.04	1	7
2	1040 Emily Taberner	Blackburn H & AC	28.86	2	5
3	664 Eve McMahon	Southport Waterloo AC	26.24	3	4

Under 17 Women Hammer Throw

1	1545 Charlotte Stuchbury	Guest	44.65	1	
2	803 Emma Vickers	Preston Harriers	37.40	2	7
3	784 Rhiannan Lowe	Preston Harriers	36.67	3	5
4	664 Eve McMahon	Southport Waterloo AC	00.00	4	0

Under 15 Girls 100m Heat 1

1	224 Abigael Bamber	L'pool Pembroke Sefton	13.40	1	7
2	756 Alesha Azonubi	Preston Harriers	13.40	2	5
3	778 Megan Jackson	Preston Harriers	13.40	3	4
4	577 Amelia Shearman	Blackpool Wyre Fylde AC	13.60	5	3
5	312 Martha Simms	L'pool Pembroke Sefton	13.90	6	2
6	611 Megan Lewis	Blackpool Wyre Fylde AC	13.90	7	1

Under 15 Girls 100m Heat 2

1	792 Kianna Proctor	Preston Harriers	13.50	4	nc
2	168 Aysha Karolia	Blackburn H & AC	14.30	10=	
3	861 Isabelle Livesley	Kirkby Milers	14.40	12	7
4	529 Yasmin Goldthorpe	Blackpool Wyre Fylde AC	14.80	14	nc
5	327 Scarlet Whitfield	L'pool Pembroke Sefton	14.80	15	nc
6	682 Bethany Swift	Southport Waterloo AC	17.50	21	

Under 15 Girls 100m Heat 3

1	345	Tayla Reilly	L'pool Pembroke Sefton	14.20	8=	nc
2	559	Georgia Norman	Blackpool Wyre Fylde AC	14.50	13	nc
3	841	Callie Burke	Kirkby Milers	15.10	16	5
4	870	Caitlin Parr	Kirkby Milers	15.60	18	nc
5	512	Kacie Calvert	Blackpool Wyre Fylde AC	15.80	19	nc

Under 15 Girls 100m Heat 4

1	788	Evie Parkinson	Preston Harriers	14.20	8=	nc
2	252	Olivia Evans-Yates	L'pool Pembroke Sefton	14.30	10=	nc
3	326	Emma Ward	L'pool Pembroke Sefton	15.20	17	nc
4	240	Lily Crompton	L'pool Pembroke Sefton	15.90	20	nc

Under 15 Girls 200m Heat 1

1	1110	Darcey Lonsdale	Preston Harriers	27.10	1	7
2	224	Abigael Bamber	L'pool Pembroke Sefton	27.70	2	5
3	22	Myah Booth	Blackburn H & AC	28.10	4	3
4	834	Lelia Bendris	Preston Harriers	28.80	5=	nc
5	608	Isabella Gregory	Blackpool Wyre Fylde AC	29.20	7	1
6	684	Ella Tobin	Southport Waterloo AC	30.00	10	

Under 15 Girls 200m Heat 2

1	756	Alesha Azonubi	Preston Harriers	27.90	3	4
2	611	Megan Lewis	Blackpool Wyre Fylde AC	28.80	5=	2
3	168	Aysha Karolia	Blackburn H & AC	29.80	9	
4	221	Isobel Ascroft	L'pool Pembroke Sefton	31.10	13	nc
5	841	Callie Burke	Kirkby Milers	32.10	15	5
6	371	Emily Reid	Chorley Athletic	36.50	17	3

Under 15 Girls 200m Heat 3

1	249	Niamh Doyle	L'pool Pembroke Sefton	29.50	8	
2	559	Georgia Norman	Blackpool Wyre Fylde AC	30.20	11	nc
3	529	Yasmin Goldthorpe	Blackpool Wyre Fylde AC	30.40	12	nc
4	441	Emily Balshaw	Lytham St.Annes RR	31.30	14	7
5	865	Ella Murray	Kirkby Milers	32.90	16	4
6	682	Bethany Swift	Southport Waterloo AC	38.00	18	

Under 15 Girls 300m

1	1534	Ayla Hewitt	Guest	43.30	1	
2	792	Kianna Proctor	Preston Harriers	44.10	2	7
3	1123	Penny Townsend	Guest	44.70	3	
4	541	Leah Howard	Blackpool Wyre Fylde AC	46.70	4	5
5	588	Lucy Tickle	Blackpool Wyre Fylde AC	48.10	5	4
6	1536	Ella Pendlebury	Guest	49.50	6	

Under 15 Girls 800m

1	815	Faye Houghton	Preston Harriers	2:25.80	1	7
2	717	Kirsty Hamilton	Lancaster Morecambe AC	2:27.30	2	7
3	148	Sophie Stanworth	Blackburn H & AC	2:29.60	3	5
4	441	Emily Balshaw	Lytham St.Annes RR	2:30.20	4	5
5	760	Grace Brown	Preston Harriers	2:30.90	5	4
6	805	Jessica Watson	Preston Harriers	2:32.00	6	nc
7	370	Bethany Reid	Chorley Athletic	2:32.80	7	4
8	1536	Ella Pendlebury	Guest	2:35.70	8	
9	588	Lucy Tickle	Blackpool Wyre Fylde AC	2:38.40	9	3
10	786	Emily Mayson	Preston Harriers	2:38.90	10	nc
11	684	Ella Tobin	Southport Waterloo AC	2:39.90	11	2
12	719	Alice Hunt	Lancaster Morecambe AC	2:49.30	12	3
13	861	Isabelle Livesley	Kirkby Milers	3:00.60	13	2
14	371	Emily Reid	Chorley Athletic	3:02.40	14	1

Under 15 Girls 1500m

1	51	Amy-Nicola Davies	Blackburn H & AC	5:00.90	1	7
2	1539	Emily Swarbrick	Guest	5:08.60	2	
3	404	Laura Bremner	Lytham St.Annes RR	5:33.30	3	7
4	1097	Faye Fishwick	Preston Harriers	6:23.40	4	5

Under 15 Girls 4x100m Relay

1	541		Blackpool Wyre Fylde AC	55.20	1	7
2	370		Chorley Athletic	62.70	2	7

Under 15 Girls Long Jump

1	723	Erin Moffatt	Lancaster Morecambe AC	5.20	1	7
2	252	Olivia Evans-Yates	L'pool Pembroke Sefton	4.56	2	7
3	541	Leah Howard	Blackpool Wyre Fylde AC	4.46	3	5
4	788	Evie Parkinson	Preston Harriers	4.45	4	4
5	891	Imogen Mansfield	Burnley AC	4.28	5	5
6	778	Megan Jackson	Preston Harriers	4.27	6	3
7	345	Tayla Reilly	L'pool Pembroke Sefton	4.25	7	2
8	224	Abigael Bamber	L'pool Pembroke Sefton	4.23	8	nc
9	1543	Phoebe Rouse	Guest	4.16	9	
10	312	Martha Simms	L'pool Pembroke Sefton	4.14	10	nc
11	327	Scarlet Whitfield	L'pool Pembroke Sefton	4.13	11	nc
12	608	Isabella Gregory	Blackpool Wyre Fylde AC	4.06	12	1
13	559	Georgia Norman	Blackpool Wyre Fylde AC	3.84	13	nc
14	375	Annabel Stewart	Chorley Athletic	3.73	14	4
15	719	Alice Hunt	Lancaster Morecambe AC	3.45	15	3
16	885	Kasey Corns	Burnley AC	3.39	16	2
17	512	Kacie Calvert	Blackpool Wyre Fylde AC	3.38	17	nc
18	841	Callie Burke	Kirkby Milers	3.12	18	1
19	865	Ella Murray	Kirkby Milers	2.79	19	

Under 15 Girls High Jump

1	717	Kirsty Hamilton	Lancaster Morecambe AC	1.56	1	7
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2	303	Ebony Raw	L'pool Pembroke Sefton	1.45	2	7
3	541	Leah Howard	Blackpool Wyre Fylde AC	1.45	3	5
4	608	Isabella Gregory	Blackpool Wyre Fylde AC	1.35	4	4
5	249	Niamh Doyle	L'pool Pembroke Sefton	1.35	5	3
6	327	Scarlet Whitfield	L'pool Pembroke Sefton	1.35	6	nc

Under 15 Girls Shot Putt

1	1544	Bekki Roche	Guest	13.14	1	
2	22	Myah Booth	Blackburn H & AC	10.71	2	7
3	263	Jessica Groves	L'pool Pembroke Sefton	7.47	3	5
4	546	Charlotte Jones	Blackpool Wyre Fylde AC	7.36	4	4
5	891	Imogen Mansfield	Burnley AC	6.78	5	7
6	885	Kasey Corns	Burnley AC	6.65	6	5
7	375	Annabel Stewart	Chorley Athletic	6.28	7	4
8	868	Mia O'Connor	Kirkby Milers	6.27	8	3
9	370	Bethany Reid	Chorley Athletic	5.84	9	2

Under 15 Girls Discus Throw

1	1544	Bekki Roche	Guest	26.95	1	
2	891	Imogen Mansfield	Burnley AC	20.74	2	7
3	885	Kasey Corns	Burnley AC	18.41	3	5
4	684	Ella Tobin	Southport Waterloo AC	17.34	4	7
5	375	Annabel Stewart	Chorley Athletic	15.19	5	4
6	370	Bethany Reid	Chorley Athletic	13.09	6	3
7	868	Mia O'Connor	Kirkby Milers	11.44	7	2
8	682	Bethany Swift	Southport Waterloo AC	11.37	8	5

Under 15 Girls Javelin Throw

1	814	Lauren Tunstall	Preston Harriers	29.99	1	7
2	788	Evie Parkinson	Preston Harriers	27.44	2	5
3	22	Myah Booth	Blackburn H & AC	22.92	3	4
4	277	Hope Kennedy	L'pool Pembroke Sefton	21.36	4	3
5	512	Kacie Calvert	Blackpool Wyre Fylde AC	18.20	5	2
6	263	Jessica Groves	L'pool Pembroke Sefton	17.86	6	1
7	588	Lucy Tickle	Blackpool Wyre Fylde AC	16.00	7	
8	868	Mia O'Connor	Kirkby Milers	12.17	8	7

Under 15 Girls Hammer Throw

1	1544	Bekki Roche	Guest	52.54	1	
2	832	Abbey Codarin	Preston Harriers	29.77	2	7
3	546	Charlotte Jones	Blackpool Wyre Fylde AC	27.96	3	5
4	707	Amy Bennett	Lancaster Morecambe AC	23.68	4	7

Under 13 Girls 100m Heat 1

1	655	Amber Hughes	Southport Waterloo AC	13.60	1	7
2	698	Sierra Jalloh	Southport Waterloo AC	13.70	2	5

3	1537 Isabella Merritt	Guest	14.00	3
4	1540 Jasmine Richardson	Guest	14.20	4=
5	1068 Heather Taylor-Harding	Preston Harriers	14.50	6 4
6	527 Kalise Giles	Blackpool Wyre Fylde AC	15.50	13 2

Under 13 Girls 100m Heat 2

1	1541 Rosie Lawler	Guest	14.20	4=
2	789 Molly Parkinson	Preston Harriers	14.90	8= nc
3	906 Francesca Farnworth	Burnley AC	15.40	11= 4
4	1025 Aimee Worthington	Lancaster Morecambe AC	16.60	18 1
5	875 Amelia Mccarthy	Kirkby Milers	17.10	19
6	504 Talia Ball	Blackpool Wyre Fylde AC	17.70	20 nc

Under 13 Girls 100m Heat 3

1	818 Emily Rankin	Preston Harriers	14.80	7 3
2	1024 Olivia Duke	Lancaster Morecambe AC	14.90	8= 7
3	958 Sarah Smith	Kendal AC	15.30	10 5
4	683 Katelyn Swift	Southport Waterloo AC	15.40	11= nc
5	604 Ellise Balshaw	Blackpool Wyre Fylde AC	15.80	14 1
6	761 Isabella Buraimo	Preston Harriers	16.00	15 nc
7	374 Alice Singleton	Chorley Athletic	16.00	16 3
8	856 Gracie Holland	Kirkby Milers	16.10	17 2

Under 13 Girls 200m Heat 1

1	655 Amber Hughes	Southport Waterloo AC	28.20	1 7
2	1069 Amani Valli-Carter	Preston Harriers	29.30	4 5
3	179 Laura Brown	Barrow & Furness AC	30.20	7 5
4	169 Kate Cookson	Blackburn H & AC	31.10	9 2
5	355 Lucy Goldthorp	Chorley Athletic	31.40	10 4
6	1025 Aimee Worthington	Lancaster Morecambe AC	35.10	18

Under 13 Girls 200m Heat 2

1	1537 Isabella Merritt	Guest	28.30	2
2	1541 Rosie Lawler	Guest	29.00	3
3	698 Sierra Jalloh	Southport Waterloo AC	29.50	5 4
4	769 Tamalyn Dickinson	Preston Harriers	30.30	8 3
5	1024 Olivia Duke	Lancaster Morecambe AC	31.80	12= 2
6	67 Keira Haxton	Blackburn H & AC	33.80	16 1

Under 13 Girls 200m Heat 3

1	368 Lucy Poole	Chorley Athletic	29.70	6 7
2	958 Sarah Smith	Kendal AC	31.50	11 3
3	818 Emily Rankin	Preston Harriers	31.80	12= nc
4	1558 Charlotte Mahoney	Preston Harriers	32.00	14 nc
5	173 Lucy Swarbrick	Barrow & Furness AC	32.60	15 1
6	386 Louisa Stewart	Chorley Athletic	34.40	17 nc

Under 13 Girls 800m

1	1535 Isabelle Burke	Guest	2:29.70	1	
2	179 Laura Brown	Barrow & Furness AC	2:30.20	2	7
3	368 Lucy Poole	Chorley Athletic	2:32.00	3	5
4	1558 Charlotte Mahoney	Preston Harriers	2:37.60	4	7
5	672 Katie Piercy	Southport Waterloo AC	2:44.10	5	5
6	169 Kate Cookson	Blackburn H & AC	2:45.20	6	4
7	1099 Grace Wignall	Preston Harriers	2:47.40	7	3
8	67 Keira Haxton	Blackburn H & AC	2:49.30	8	2
9	173 Lucy Swarbrick	Barrow & Furness AC	2:50.10	9	4
10	429 Sydney Ramsden	Lytham St.Annes RR	3:01.90	10	3
11	875 Amelia Mccarthy	Kirkby Milers	3:02.80	11	2
12	683 Katelyn Swift	Southport Waterloo AC	3:06.80	12	1
13	710 Emily Leeming	Lancaster Morecambe AC	3:17.90	13	1

Under 13 Girls 1500m

1	752 Olesia Winder	Leven Valley AC	5:02.00	1	7
2	690 Grace Tobin	Southport Waterloo AC	5:02.60	2	7
3	1537 Isabella Merritt	Guest	5:04.20	3	

Under 13 Girls 4x100m Relay

1	698	Southport Waterloo AC	55.40	1	7
2	769	Preston Harriers	61.50	2	5

Under 13 Girls Long Jump

1	1068 Heather Taylor-Harding	Preston Harriers	4.40	1	7
2	1540 Jasmine Richardson	Guest	4.06	2	
3	769 Tamalyn Dickinson	Preston Harriers	4.03	3	5
4	818 Emily Rankin	Preston Harriers	3.87	4	nc
5	761 Isabella Buraimo	Preston Harriers	3.70	5	nc
6	906 Francesca Farnworth	Burnley AC	3.67	6	7
7	355 Lucy Goldthorp	Chorley Athletic	3.60	7	5
8	169 Kate Cookson	Blackburn H & AC	3.59	8	4
9	1024 Olivia Duke	Lancaster Morecambe AC	3.48	9	4
10	462 Matilda Crawshaw	Hyndburn AC	3.44	10	3
11	802 Emma Tunstall	Preston Harriers	3.41	11	nc
12	958 Sarah Smith	Kendal AC	3.34	12	3
13	527 Kalise Giles	Blackpool Wyre Fylde AC	3.21	13	2
14	604 Ellise Balshaw	Blackpool Wyre Fylde AC	3.19	14	1
15	653 Michaela Hopkins	Southport Waterloo AC	3.06	15	
16	875 Amelia Mccarthy	Kirkby Milers	2.72	16	2
17	862 Molly Livesley	Kirkby Milers	2.71	17	1
18	856 Gracie Holland	Kirkby Milers	2.70	18	nc
19	504 Talia Ball	Blackpool Wyre Fylde AC	2.63	19	nc
20	67 Keira Haxton	Blackburn H & AC	2.61	20	
21	848 Amy Cubbins	Kirkby Milers	2.60	21	nc
22	740 Hanna Giles	Lancaster Morecambe AC	2.50	22	

Under 13 Girls High Jump

1	1068 Heather Taylor-Harding	Preston Harriers	1.25	1	7
2	462 Matilda Crawshaw	Hyndburn AC	1.20	2	5
3	1026 Laura Cowell	Lancaster Morecambe AC	1.15	3	7
4	348 Lydia Read	L'pool Pembroke Sefton	1.05	4	4

Under 13 Girls Shot Putt

1	124 Nicole Saunders	Blackburn H & AC	8.72	1	7
2	789 Molly Parkinson	Preston Harriers	8.16	2	5
3	672 Katie Piercy	Southport Waterloo AC	7.97	3	4
4	769 Tamalyn Dickinson	Preston Harriers	7.49	4	3
5	374 Alice Singleton	Chorley Athletic	7.30	5	7
6	730 Emily Sim	Lancaster Morecambe AC	6.08	6	5
7	761 Isabella Buraimo	Preston Harriers	6.00	7	nc
8	740 Hanna Giles	Lancaster Morecambe AC	5.11	8	4
9	802 Emma Tunstall	Preston Harriers	5.10	9	nc
10	504 Talia Ball	Blackpool Wyre Fylde AC	4.64	10	2
11	710 Emily Leeming	Lancaster Morecambe AC	3.50	11	nc
12	386 Louisa Stewart	Chorley Athletic	3.24	12	3

Under 13 Girls Discus Throw

1	124 Nicole Saunders	Blackburn H & AC	28.32	1	7
2	655 Amber Hughes	Southport Waterloo AC	17.30	2	5
3	683 Katelyn Swift	Southport Waterloo AC	14.58	3	4
4	730 Emily Sim	Lancaster Morecambe AC	14.54	4	7

Under 13 Girls Javelin Throw

1	672 Katie Piercy	Southport Waterloo AC	26.39	1	7
2	124 Nicole Saunders	Blackburn H & AC	25.85	2	5
3	730 Emily Sim	Lancaster Morecambe AC	23.73	3	7
4	1541 Rosie Lawler	Guest	21.23	4	
5	374 Alice Singleton	Chorley Athletic	20.83	5	5
6	802 Emma Tunstall	Preston Harriers	20.00	6	4
7	462 Matilda Crawshaw	Hyndburn AC	17.74	7	3
8	789 Molly Parkinson	Preston Harriers	17.73	8	2
9	386 Louisa Stewart	Chorley Athletic	6.24	9	4
10	1026 Laura Cowell	Lancaster Morecambe AC	6.07	10	3

Male 3000m

1	52 Christopher Davies	Blackburn H & AC	9:25.20	1	
2	125 Nicholas Smith	Blackburn H & AC	9:54.90	2	
3	254 Paul Milburn	L'pool Pembroke Sefton	10:00.10	3	
4	1101 Ethan Warren	Preston Harriers	10:10.30	4	7
5	1012 Steve Hallas	Preston Harriers	10:16.60	5	(7)
6	858 Lewis Houghton	Kirkby Milers	10:28.00	6	
7	1113 Thomas Durney	Preston Harriers	10:35.80	7	(7)

8	987	Carl McMahon	Southport Waterloo AC	11:13.50	8
9	884	Harrison Codd	Burnley AC	11:51.10	9

Female 3000m

1	799	Scarlett Sutton	Preston Harriers	11:04.50	1
2	705	Catherine Fearnley	Southport Waterloo AC	12:37.90	2
3	704	Sarah Lunt	Southport Waterloo AC	13:21.10	3

Points Breakdowns and Totals

Points Summary	U13	U15	U17	Sen	Ofcl	Total
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Division 1 Male

Blackburn H & AC	28	33	5	4	15	85
Blackpool Wyre Fylde AC	55	50	26	0	15	146
Lancaster Morecambe AC	15	16	6	0	15	52
L'pool Pembroke Sefton	15	17	38	54	15	139
Pendle AC	0	0	7	19	0	26
Preston Harriers	64	56	33	47	0	200
Southport Waterloo AC	20	36	15	51	15	137

Division 1 Female

Blackburn H & AC	32	26	40.5	0	15	113.5
Blackpool Wyre Fylde AC	8	52	16	19	15	110
Hyndburn AC	11	0	0	20	15	46
Leigh Harriers	0	0	0	0	0	0
L'pool Pembroke Sefton	4	42	26	33	15	120
Preston Harriers	63	69	75.5	12	0	219.5
Southport Waterloo AC	63	14	4	15	15	111

Division 2 Male

Barrow & Furness AC	13	0	21	0	0	34
Burnley AC	0	7	0	29	15	51
Chorley Athletic	5	16	21	21	15	78
Hyndburn AC	10	0	0	24	15	49
Kendal AC	52	43	0	16	0	111
Kirkby Milers	23	27	19	42	0	111
Leigh Harriers	0	0	0	0	0	0
Leven Valley AC	7	0	0	0	0	7
Lytham St.Annes RR	0	0	0	11	0	11

Division 2 Female

Barrow & Furness AC	17	0	0	0	0	17
Burnley AC	11	31	0	21	15	78
Chorley Athletic	43	32	7	0	15	97
Kendal AC	11	0	0	0	0	11
Kirkby Milers	7	36	17	38	0	98
Lancaster Morecambe AC	48	34	14	0	15	111
Leven Valley AC	7	0	0	0	0	7
Pendle AC	0	0	14	12	0	26
Lytham St.Annes RR	3	19	0	0	0	22