

100 SM 1										
Po s	Perf	Name	AG	Year Coach		Club	SB	PB		
1	12.6	Philip Ellershaw	V40	M		Blackpool, Wyre & Fylde/Northern Masters	12.1	10.9		
2	12.9	Rick Cordwell	V40	M		Chorley ATC/Northern Masters	12.2	11.8		
3	12.9	Christopher Burgess	V40	M		Southport Waterloo/Northern Masters	11.9	11.7		
4	13.0	Frank Shepherd	SEN	M		Lancaster & Morecambe	12.2	11.2		
5	13.1	Tunde Buraimo	V45	M		Preston	12.2	12.2		
100 SM 2										
Po s	Perf	Name	AG	Year Coach		Club	SB	PB		
1	13.5	Chris Clark	SEN	M		Guest				
2	13.5	Harrison Lion	U23	M		Blackpool, Wyre & Fylde	12.4	12.4		
3	13.6	Jon Rutter	V35	M		Blackpool, Wyre & Fylde	12.7	12.0		
4	13.6	Harvey Van Geffen	U20	M		Pendle	12.1	12.1		
100 U17M										
Po s	Perf	Name	AG	Year Coach		Club	SB	PB		
1	12.5	Harry Booth	U17	M	1	Preston	11.5	11.5		
2	12.6	Joe Heeley	U17	M	1	Hyndburn	12.1	12.1		
3	12.8	Will Whiteside	U17	M	1	Gary Tunstall	12.1	12.1		
4	13.0	Bradley Abbott	U17	M	1		Hyndburn	12.3	12.3	
5	13.6	Logan Shaw	U17	M	1	Lancaster & Morecambe	12.3	12.3		
6	15.8	William Dixon	PB	U17	M	1	Blackburn	15.8	15.8	
100 U15M 1										
Po s	Perf	Name	AG	Year Coach		Club	SB	PB		
1	12.3	Jayden Riley	U15	M	2	Blackburn	11.27	11.27		
2	12.8	James Bell	U15	M	1	Carlisle Aspatria	11.6	11.6		
3	13.2	James Ince	U15	M	1	Robert Gillies	12.3	12.3		
4	14.4	Jonathon Pilkington	PB	U15	M		2	Southport Waterloo	14.4	14.4
100 U15M 2										
Po s	Perf	Name	AG	Year Coach		Club	SB	PB		
1	13.7	Ronnie Calverley-Sumner	U15	M	2	Hyndburn	12.9	12.9		
2	13.7	Luke Dawson	U15	M	2	Carlisle Aspatria	12.5	12.5		
3	13.7	Samuel Potts	U15	M	2	Blackpool, Wyre & Fylde	13.1	13.1		
4	14.0	Elliot Serella	PB	U15	M	2	Blackpool, Wyre & Fylde	14.0	14.0	
5	14.5	Patrick Hennigan	U15	M	2	Liverpool Pembroke Sefton	13.5	13.5		
100 U15M 3										
Po s	Perf	Name	AG	Year Coach		Club	SB	PB		
1	14.0	Robbie Tiffen	U15	M	2	Carlisle Aspatria	13.2	13.2		

2	14.1	Rafael Eaton	U15	M	1	Neil Salanki	Blackpool, Wyre & Fylde	13.0	13.0	
3	14.3	Daniel Shuttleworth	U15	M	2		Preston	12.39	12.39	
4	15.4	Luke Anderton	U15	M	2		Liverpool Pembroke Sefton	14.2	14.2	
100 U13M 1										
Pos	Perf	Name	AG		Year	Coach	Club	SB	PB	
1	14.4	Jack Richardson	U13	M	1		Blackpool, Wyre & Fylde	13.4	13.4	
2	14.5	Harrison Allcock	U13	M	2		Blackburn	13.3	13.3	
3	14.5	Harry Appleton	U13	M	2		Preston	13.3	13.3	
4	15.4	Ethan Tinsley	U13	M	2		Liverpool Pembroke Sefton	14.5	14.5	
5	15.7	Joshua Todd	PB	U13	M	1	Kendal	15.7	15.7	
6	16.7	Luke Culshaw	PB	U13	M	1	Kirkby Milers	16.7	16.7	
100 U13M 2										
Pos	Perf	Name	AG		Year	Coach	Club	SB	PB	
1	14.5	Jay Whiteside	U13	M	2		Preston	13.8	13.8	
2	14.8	Connor Norman	U13	M	2	Sarah Parsons	Blackpool, Wyre & Fylde	13.7	13.5	
3	14.8	Thomas Kelsall	U13	M	1		Preston	13.9	13.9	
4	15.0	Kieran Bowden	U13	M	2		Pendle	13.9	13.9	
5	16.1	Alfie Todd	PB	U13	M	1	Kendal	16.1	16.1	
100 U13M 3										
Pos	Perf	Name	AG		Year	Coach	Club	SB	PB	
1	14.5	Nathan Naylor	U13	M	2		Liverpool Pembroke Sefton	13.3	13.3	
2	15.0	Logan Campbell	U13	M	1	Gary Tunstall	Preston	13.9	13.9	
3	15.5	Oliver James Walsh	U13	M	1		Burnley	14.7	14.7	
4	15.7	Isaac Ormerod	U13	M	1		Blackpool, Wyre & Fylde	15.0	15.0	
5	16.8	Alfie Feeley	U13	M	2		Hyndburn	15.1	15.1	
100 U13M 4										
Pos	Perf	Name	AG		Year	Coach	Club	SB	PB	
1	15.0	Daniel Nuttall	U13	M	1		Blackburn	13.76	13.76	
2	15.4	Sam Jackson	U13	M	1		Preston	14.34	14.34	
3	15.8	Asger Anderson	U13	M	1		Liverpool Pembroke Sefton	15.2	15.2	
4	15.9	Jack Walker	U13	M	1		Blackpool, Wyre & Fylde	14.5	14.5	
100 SW										
Pos	Perf	Name	AG		Year	Coach	Club	SB	PB	
1	13.6	Erin Birchall	SB	U20	W	Philip Whitfield	Liverpool Pembroke Sefton	13.6	12.9	
2	14.1	Anita Saunders	V45	W		David Parker	Pendle/Northern Masters	13.20	13.1	
3	14.3	Millie Chadwick	U20	W			Barrow & Furness	13.5	13.1	
4	14.9	Carol Holt	V40	W			Preston/Northern Masters	14.3	14.3	

5	15.1	Candice Craven		U20	W		Lancaster & Morecambe	14.5	13.7		
6	17.2	Stephanie Roberts	PB	V35	W		Hoad Hill	17.2	17.2		
100 U17W 1											
Pos	Perf	Name		AG	Year	Coach	Club	SB	PB		
1	13.4	Kayleigh Watson		U17	W	1	Carlisle Aspatria	12.5	12.3		
2	13.6	Mary-Jayne Broomhead		U17	W	1	Dezz Reynolds	Blackpool, Wyre & Fylde	12.6	12.6	
3	13.9	Lucy Fyffe		U17	W	1	Stuart Swann	Chorley ATC	13.0	13.0	
4	14.0	Alesha Azonubi		U17	W	1		Preston	12.9	12.7	
5	14.3	Imogen Reader		U17	W	1	Dezz Reynolds	Blackpool, Wyre & Fylde	13.1	13.1	
6	14.5	Isabelle Livesley		U17	W	2		Liverpool Pembroke Sefton	13.6	13.6	
100 U17W 2											
Pos	Perf	Name		AG	Year	Coach	Club	SB	PB		
1	14.0	Lois Carroll		U17	W	1		Preston	13.1	13.0	
2	14.1	Megan Lewis		U17	W	1		Blackpool, Wyre & Fylde	13.3	13.2	
3	14.1	Imogen Mansfield		U17	W	1		Blackburn	13.2	13.2	
4	14.2	Leah Howard		U17	W	1	Dezz Reynolds	Blackpool, Wyre & Fylde	13.5	13.5	
5	14.4	Nekkisha Wilson		U17	W	2		Blackpool, Wyre & Fylde	13.3	13.3	
100 U17W 3											
Pos	Perf	Name		AG	Year	Coach	Club	SB	PB		
1	14.4	Natalia Luczak		U17	W	1	Charles Garrett	Blackpool, Wyre & Fylde	13.3	13.3	
2	14.4	Rachel Glendinning		U17	W	2		Hyndburn	13.6	13.6	
3	16.1	Maddison Riley	SB	U17	W	2		Blackpool, Wyre & Fylde	16.1	15.1	
4	17.0	Lily Crompton	SB	U17	W	1		Liverpool Pembroke Sefton	17.0	14.6	
100 U15W 1											
Pos	Perf	Name		AG	Year	Coach	Club	SB	PB		
1	13.7	Evie Noblett		U15	W	1	Gary Tunstall	Preston	13.0	13.0	
2	13.7	Emily Rankin		U15	W	1	Gary Tunstall	Preston	12.9	12.9	
3	13.9	Trinity Salisbury		U15	W	2		Preston	13.2	13.2	
4	14.4	Lydia Guy		U15	W	2		Burnley	13.1	13.1	
5	14.4	Iona Cossens		U15	W	2		Blackpool, Wyre & Fylde	13.4	13.4	
6	15.1	Skye Greenacre		U15	W	2		Blackburn	13.6	13.6	
100 U15W 2											
Pos	Perf	Name		AG	Year	Coach	Club	SB	PB		
1	14.2	Olivia Morgan		U15	W	2		Liverpool Pembroke Sefton	13.3	13.3	
2	15.2	Daisie-Mae Keane		U15	W	2		Blackpool, Wyre & Fylde	14.0	14.0	
3	15.7	Aimee Clare		U15	W	1		Kirkby Milers	14.6	14.6	

4	15.8	Isabella Buraimo	U15	W	1	Gary Tunstall	Preston	14.4	14.4	
5	16.8	Amelia Hockett	U15	W	2		Hyndburn	15.4	15.4	
100 U15W 3										
Po s	Perf	Name	AG		Year	Coach	Club	SB	PB	
1	14.7	Lucy Bousfield	U15	W	1		Liverpool Pembroke Sefton	13.4	13.4	
2	15.1	Kitty Mason	U15	W	1		Blackpool, Wyre & Fylde	14.2	14.2	
3	15.6	Gabriella Bell	U15	W	2		Blackpool, Wyre & Fylde	14.0	14.0	
4	15.7	Isabelle Duckett	U15	W	1		Preston	14.6	14.6	
5	16.4	Keira Haxton	SB	U15	W	1	Blackburn	16.4	16.0	
100 U13W 1										
Po s	Perf	Name	AG		Year	Coach	Club	SB	PB	
1	14.0	Cerys Allen	U13	W	2	Gary Tunstall	Preston	13.2	13.2	
2	14.7	Evie Kitchen	U13	W	1		Preston	14.0	14.0	
3	14.9	Amelia Burton	U13	W	2		Blackburn	14.1	14.1	
4	15.0	Amy English	U13	W	2		Liverpool Pembroke Sefton	14.4	14.4	
5	15.2	Millie Turner	U13	W	1	Dezz Reynolds	Blackpool, Wyre & Fylde	14.2	14.2	
6	15.4	Kitty Dawson-Williams	U13	W	2		Hyndburn	14.7	14.7	
100 U13W 2										
Po s	Perf	Name	AG		Year	Coach	Club	SB	PB	
1	14.2	Lola Urey	U13	W	2		Preston	13.8	13.8	
2	15.1	Keira Tomes	U13	W	2		Blackpool, Wyre & Fylde	14.2	14.2	
3	15.3	Alayana Ahmed	U13	W	2		Chorley ATC	14.3	14.3	
4	15.8	Erika Corns	U13	W	1		Burnley	14.8	14.8	
5	16.3	Lauren Byrne	SB	U13	W	2	Southport Waterloo	16.3	15.2	
6	17.8	Meadow Swain	U13	W	2		Liverpool Pembroke Sefton	16.9	16.9	
100 U13W 3										
Po s	Perf	Name	AG		Year	Coach	Club	SB	PB	
1	15.0	Molly Caffrey	U13	W	1		Preston	14.0	14.0	
2	15.8	Greta Morton	U13	W	1		Barrow & Furness	14.6	14.6	
3	16.0	Katy Nicholson	PB	U13	W	1	Liverpool Pembroke Sefton	16.0	16.0	
4	16.5	Amara Thorpe	U13	W	2		Lytham St. Annes	14.6	14.6	
5	16.8	Katelyn Morson	PB	U13	W	2	Carlisle Aspatria	16.8	16.8	
6	17.9	Amaliea Williams	U13	W	1		Burnley	16.9	16.9	
100 U13W 4										
Po s	Perf	Name	AG		Year	Coach	Club	SB	PB	
1	14.9	Jolene Benn	U13	W	2		Preston	13.8	13.8	
2	15.2	Rubie Linley	U13	W	1	Dezz Reynolds	Blackpool, Wyre & Fylde	14.5	14.5	

3	15.2	Elizabeth Briggs	U13	W	2	Hyndburn	13.8	13.8	
4	15.3	Poppy Salisbury	U13	W	1	Preston	14.6	14.6	
5	16.1	Layla Wholey	U13	W	1	Blackpool, Wyre & Fylde	15.00	15.00	
6	16.3	Clemmie Tierney	U13	W	1	Lytham St. Annes	15.6	15.6	

100 U13W 5

Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	16.2	Jessica Helm	U13	W	2	Wigan & District	14.8	14.8	
2	16.8	Sophia Ince	U13	W	1	Preston	15.3	15.3	
3	16.9	Zoe Green	U13	W	1	Burnley	15.4	15.4	
4	17.0	Ciara Thomas	U13	W	2	Hyndburn	14.6	14.6	
5	18.0	Charlotte Fisher	U13	W	1	Lytham St. Annes	16.9	16.9	

100 U13W 6

Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	15.0	Hannah Bushby	U13	W	2	Barrow & Furness	14.2	14.2	
2	15.8	Grace Oates	U13	W	2	Blackpool, Wyre & Fylde	14.6	14.6	
3	16.5	Hollie Mayhew PB	U13	W	1	Burnley	16.5	16.5	
4	16.5	Ruby Caffrey PB	U13	W	2	Preston	16.5	16.5	

200 SM 1

Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	23.7	Joshua Ingham	SEN	M	Peter Warden	Preston/Lancaster Uni	22.70	22.5	
2	25.0	Benjamin Whittaker	U20	M		Blackburn	24.10	24.10	
3	25.4	Graham Boreham SB	SEN	M		Southport Waterloo	23.9	23.9	
4	26.0	John Ilunga PB	U23	M		Blackburn	26.0	26.0	
5	26.8	Daniel Cope	U20	M	Paul Cope	Kirkby Milers	26.0	26.0	
6	27.4	Harrison Lion	U23	M		Blackpool, Wyre & Fylde	27.0	27.0	

200 SM 2

Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	24.9	Osasu Fernandez Agho-Peter	U17	M		Burnley	23.8	23.8	
2	25.3	Joe Heeley PB	U17	M		Hyndburn	25.3	25.3	
3	25.5	Christopher Burgess	V40	M		Southport Waterloo/Northern Masters	24.6	24.4	
4	25.6	Rick Cordwell	V40	M		Chorley ATC/Northern Masters	25.0	24.5	
5	26.3	John Wright	V55	M		Chorley ATC/Northern Masters	24.58	23.28	
6	26.6	Leeroy Golding	V50	M		Pendle/Northern Masters	25.8	24.90	

200 U15M 1

Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	25.4	James Bell	U15	M	1	Carlisle Aspatria	24.2	24.2	

2	25.6	Ethan Edwards	PB	U15	M	2	Liverpool Pembroke Sefton	25.2	25.2	
3	26.9	Ronnie Calverley- Sumner		U15	M	2	Hyndburn	25.9	25.9	
4	27.1	Robbie Tiffen		U15	M	2	Carlisle Aspatria	26.1	26.1	
5	27.8	Elliot Serella		U15	M	2	Blackpool, Wyre & Fylde	27.1	27.1	
6	31.7	Stephen Alberts		U15	M	1	Blackburn	31.2	31.2	
200 U15M 2										
Po s	Perf	Name		AG		Year Coach	Club	SB	PB	
1	29.5	Derri Henderson	PB	U15	M	1	Kirkby Milers	27.4	27.4	
2	30.4	James Roberts	PB	U15	M	1	Liverpool Pembroke Sefton	30.4	30.4	
3	30.7	Cameron Oliver	PB	U15	M	2	Kirkby Milers	30.7	30.7	
4	31.2	Codie Dewhurst	SB	U15	M	1	Blackburn	31.2	31.0	
5	31.6	Peter Efosa Agho-Peter		U15	M	1	Burnley	29.8	29.8	
200 U13M 1										
Po s	Perf	Name		AG		Year Coach	Club	SB	PB	
1	29.2	Jack Richardson		U13	M	1	Blackpool, Wyre & Fylde	28.1	28.1	
2	30.4	Daniel Nuttall		U13	M	1	Blackburn	29.77	29.77	
3	31.3	Thomas Kelsall	PB	U13	M	1	Preston	29.69	29.69	
4	32.0	Matthew Carroll	PB	U13	M	2	Liverpool Pembroke Sefton	30.2	30.2	
5	33.3	Harvey Holden	SB	U13	M	2	Burnley	33.3	33.0	
200 U13M 2										
Po s	Perf	Name		AG		Year Coach	Club	SB	PB	
1	29.5	Harrison Allcock		U13	M	2	Blackburn	27.5	27.5	
2	30.5	Kieran Bowden	PB	U13	M	2	Pendle	29.1	29.1	
3	32.0	Oliver James Walsh		U13	M	1	Burnley	31.5	31.5	
4	33.3	George Ramsden		U13	M	1	Blackburn	32.6	32.6	
200 U13M 3										
Po s	Perf	Name		AG		Year Coach	Club	SB	PB	
1	31.3	Charlie Rotherham		U13	M	2	Liverpool Pembroke Sefton	29.9	29.9	
2	32.3	Evan Williams		U13	M	2	Liverpool Pembroke Sefton	31.7	31.7	
3	33.0	Oliver Gill		U13	M	1	Blackburn	31.5	31.5	
4	42.5	Isaac Smith		U13	M	1	Blackburn	37.3	37.3	
200 SW										
Po s	Perf	Name		AG		Year Coach	Club	SB	PB	
1	29.5	Olivia Hanby		U20	W		Blackpool, Wyre & Fylde	28.4	28.0	
2	30.0	Hollie Suffolk		U20	W		Preston	27.6	27.4	
200 U17W 1										
Po s	Perf	Name		AG		Year Coach	Club	SB	PB	

1	27.4	Kayleigh Watson		U17	W	1		Carlisle Aspatria	25.8	25.8	
2	28.2	Imogen Reader		U17	W	1	Dezz Reynolds	Blackpool, Wyre & Fylde	26.9	26.9	
3	28.4	Martha Simms		U17	W	1	Philip Whitfield	Liverpool Pembroke Sefton	27.70	27.70	
4	29.2	Nekkisha Wilson	PB	U17	W	2		Blackpool, Wyre & Fylde	27.9	27.9	
5	29.6	Ella McFarlane		U17	W	2	Lauren Storr	Holmfirth	28.7	27.76	
200 U17W 2											
Po s	Perf	Name		AG		Year	Coach	Club	SB	PB	
1	28.6	Hollie Oldham	PB	U17	W	2		Blackburn	28.6	28.6	
2	29.4	Ella Roberts	PB	U17	W	1		Burnley	28.6	28.6	
3	29.8	Rebecca Ramsden	SB	U17	W	1		Blackburn	29.8	29.3	
4	32.1	Maddison Riley		U17	W	2		Blackpool, Wyre & Fylde	30.8	29.8	
5	36.9	Emily Reid		U17	W	1		Chorley ATC	36.1	35.9	
6	37.9	Bethany Swift		U17	W	2	Dave Brown	Liverpool Pembroke Sefton	37.0	35.50	
200 U15W 1											
Po s	Perf	Name		AG		Year	Coach	Club	SB	PB	
1	27.2	Lucy Poole		U15	W	1		Chorley ATC	26.1	26.1	
2	27.4	Eleanor Noblet		U15	W	2	Gary Tunstall	Preston	26.4	26.4	
3	28.0	Isabella Merritt	SB	U15	W	2	Andy Townsend	Horwich	27.4	27.4	
4	29.4	Iona Cossens		U15	W	2		Blackpool, Wyre & Fylde	28.0	28.0	
5	30.1	Racheal Jesse		U15	W	2		Blackburn	28.01	28.01	
200 U15W 2											
Po s	Perf	Name		AG		Year	Coach	Club	SB	PB	
1	28.9	Leah Hoole	PB	U15	W	2		Blackburn	28.9	28.9	
2	30.2	Kitty Mason		U15	W	1		Blackpool, Wyre & Fylde	28.8	28.8	
3	30.8	Imogen Ferguson		U15	W	2		Clayton le Moors	30.0	30.0	
4	31.8	Gabriella Bell		U15	W	2		Blackpool, Wyre & Fylde	30.0	30.0	
200 U15W 3											
Po s	Perf	Name		AG		Year	Coach	Club	SB	PB	
1	29.2	Martha Rayner		U15	W	1		Preston	28.0	28.0	
2	30.0	Daisie-Mae Keane		U15	W	2		Blackpool, Wyre & Fylde	29.7	29.7	
3	30.0	Anna Crossley	PB	U15	W	1		Liverpool H	28.9	28.9	
4	31.7	Katelyn Swift		U15	W	1	Dave Brown	Liverpool Pembroke Sefton	30.7	30.7	
5	34.8	Amelia Hockett		U15	W	2		Hyndburn	33.2	33.2	
200 U13W 1											
Po s	Perf	Name		AG		Year	Coach	Club	SB	PB	
1	28.2	Cerys Allen		U13	W	2	Gary Tunstall	Preston	27.3	27.3	
2	30.5	Keira Tomes	PB	U13	W	2		Blackpool, Wyre & Fylde	29.9	29.9	
3	30.7	Amelia Burton	PB	U13	W	2		Blackburn	30.7	30.7	
4	31.1	Alayana Ahmed	PB	U13	W	2		Chorley ATC	30.3	30.3	

5	31.4	Amy English	PB	U13	W	2		Liverpool Pembroke Sefton	31.0	31.0	
6	31.7	Apphia Keenan	PB	U13	W	2		Southport Waterloo	31.7	31.7	
200 U13W 2											
Pos	Perf	Name		AG	Year	Coach		Club	SB	PB	
1	30.7	Evie Kitchen	PB	U13	W	1		Preston	29.2	29.2	
2	31.4	Aimee Broomby		U13	W	2		Carlisle Aspatria	30.1	30.1	
3	32.4	Marcia Rutter		U13	W	1	Dezz Reynolds	Blackpool, Wyre & Fylde	30.6	30.6	
4	33.3	Zoe Green	PB	U13	W	1		Burnley	31.1	31.1	
5	33.4	Charlotte Hughes		U13	W	1	Barrie Hughes	Southport Waterloo	32.90	32.90	
6	34.0	Amara Thorpe		U13	W	2		Lytham St. Annes	31.4	31.4	
200 U13W 3											
Pos	Perf	Name		AG	Year	Coach		Club	SB	PB	
1	30.2	Hannah Bushby		U13	W	2		Barrow & Furness	29.8	29.8	
2	30.9	Elizabeth Briggs		U13	W	2		Hyndburn	29.6	29.6	
3	31.2	Lucy Bell	PB	U13	W	1		Carlisle Aspatria	31.2	31.2	
4	32.2	Rubie Linley		U13	W	1	Dezz Reynolds	Blackpool, Wyre & Fylde	30.2	30.2	
5	32.5	Layla Wholey	PB	U13	W	1		Blackpool, Wyre & Fylde	31.1	31.1	
6	32.6	Ava Jones		U13	W	1		Preston	32.4	32.4	
200 U13W 4											
Pos	Perf	Name		AG	Year	Coach		Club	SB	PB	
1	31.4	Poppy Salisbury	PB	U13	W	1		Preston	30.4	30.4	
2	32.6	Greta Morton		U13	W	1		Barrow & Furness	32.0	32.0	
3	33.7	Clemmie Tierney		U13	W	1		Lytham St. Annes	32.3	32.3	
4	34.2	Eve Maund		U13	W	1		Liverpool Pembroke Sefton	32.6	32.6	
5	35.2	Hollie Mayhew		U13	W	1		Burnley	33.6	33.6	
6	35.4	Alice Lamb		U13	W	1		Chorley ATC	32.9	32.9	
300 U17W											
Pos	Perf	Name		AG	Year	Coach		Club	SB	PB	
1	43.0	Olivia Leigh		U17	W	1	Katie Hewison	Chorley ATC	41.9	41.9	
2	44.0	Eleesha Charnley	SB	U17	W	1		Blackburn	44.0	42.8	
3	45.6	Isabelle Livesley	PB	U17	W	2		Liverpool Pembroke Sefton	45.6	45.6	
4	46.8	Ella Roberts	PB	U17	W	1		Burnley	46.8	46.8	
5	49.4	Bethany Reid	SB	U17	W	2		Chorley ATC	49.4	47.5	
300 U15W 1											
Pos	Perf	Name		AG	Year	Coach		Club	SB	PB	
1	46.0	Emily Rankin		U15	W	1	Gary Tunstall	Preston	43.45	43.45	
2	47.1	Isabel Caven		U15	W	2		Preston	46.0	46.0	
3	48.2	Gracie Rutter		U15	W	1	Dezz Reynolds	Blackpool, Wyre & Fylde	48.0	48.0	

4	51.3	Katelyn Swift	PB	U15	W	1	Dave Brown	Liverpool Pembroke Sefton	51.22	51.22	
5	51.7	Amelie Earnshaw	PB	U15	W	2		Lancaster & Morecambe	51.7	51.7	
300 U15W 2											
Po s	Perf	Name		AG		Year	Coach	Club	SB	PB	
1	42.5	Lucy Poole		U15	W	1		Chorley ATC	40.34	40.34	
2	43.8	Isabella Merritt	SB	U15	W	2	Andy Townsend	Horwich	42.10	42.10	
3	45.3	Amber Hughes	PB	U15	W	1	Barrie Hughes	Southport Waterloo	44.6	44.6	
4	48.3	Lucy Bousfield	PB	U15	W	1		Liverpool Pembroke Sefton	48.3	48.3	
5	48.9	Hollie Ella Cubbon		U15	W	2		Blackburn	47.58	47.58	
400 SM 1											
Po s	Perf	Name		AG		Year	Coach	Club	SB	PB	
1	50.7	Harry Flanagan		U23	M		Graham Pilkington	Southport Waterloo/Liverpo ol H	48.98	48.98	
2	51.0	Leon Heath Stubbs		U20	M		Peter Warden	Preston	48.67	48.67	
3	53.0	Joshua Ingham		SEN	M		Peter Warden	Preston/Lancaste r Uni	51.5	50.6	
4	64.6	Daniel Cope		U20	M		Paul Cope	Kirkby Milers	61.3	60.8	
400 SM 2											
Po s	Perf	Name		AG		Year	Coach	Club	SB	PB	
1	55.6	Graham Boreham		SEN	M			Southport Waterloo	53.2	53.2	
2	58.4	Rick Cordwell	SB	V40	M			Chorley ATC/Northern Masters	58.4	55.1	
3	58.9	John Ilunga	PB	U23	M			Blackburn	58.9	58.9	
4	62.0	John Linaker	SB	V50	M			Burnley	57.9	56.3	
400 U17M											
Po s	Perf	Name		AG		Year	Coach	Club	SB	PB	
1	55.7	Osasu Fernandez Agho-Peter		U17	M	1		Burnley	52.2	52.2	
2	56.6	Jamie Hopkins		U17	M	2	Philip Whitfield	Liverpool Pembroke Sefton/Southport Waterloo	55.0	55.0	
3	59.8	Logan Shaw		U17	M	1		Lancaster & Morecambe	55.2	55.2	
4	63.8	Joshua Bankier	SB	U17	M	2		Southport Waterloo	63.8	59.9	
5	66.0	Charlie Deakin		U17	M	1		Kirkby Milers	62.8	62.8	
400 U15M											
Po s	Perf	Name		AG		Year	Coach	Club	SB	PB	
1	60.6	Rafael Eaton		U15	M	1	Neil Salanki	Blackpool, Wyre & Fylde	59.3	59.3	
2	62.4	Elliot Serella		U15	M	2		Blackpool, Wyre & Fylde	58.6	58.6	
3	62.8	Derri Henderson	PB	U15	M	1		Kirkby Milers	60.7	60.7	
4	63.1	Jonathon Pilkington		U15	M	2		Southport Waterloo	62.0	62.0	

400 SW									
Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	64.7	Sharon Wilkinson	V45	W	Alan Appleby	Preston/Civil Service/Northern Masters	61.7	57.7	✉
2	65.7	Lauren Booth	SB	U23	W	Hoad Hill	65.7	63.1	✉
3	66.9	Chloe Norman	U20	W	Derek Newton	Blackpool, Wyre & Fylde	64.3	61.7	✉
4	69.8	Leah McKenzie	PB	U20	W	Liverpool Pembroke Sefton	69.8	69.8	✉
5	73.9	Madeliene Firth-Cook	U20	W		Liverpool Pembroke Sefton	70.7	69.8	✉

800 SM									
Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	2:00.6	Matthew Harris	U23	M	Michael Solomon	Rossendale/Leeds Beckett Uni	1:53.35	1:52.12	✉
2	2:04.4	Marc Hartley	SB	SEN	M	Blackburn	2:04.3	1:58.2	✉
3	2:04.7	Ryan Bradshaw	PB	SEN	M	Clayton le Moors	2:03.2	2:03.2	✉
4	2:08.6	Daniel Fleming	PB	SEN	M	Clayton le Moors/Burnley	2:08.6	2:08.6	✉
5	2:12.6	Tony O'Brien	V45	M	Mark Bleasdale	Liverpool Pembroke Sefton	2:08.9	2:08.9	✉
6	2:14.6	Paul Milburn	V35	M	Christopher Mulvaney	Liverpool Pembroke Sefton	2:09.0	2:03.5	✉
7	2:18.6	Jacob Van Geffen	PB	U23	M	Pendle	2:16.6	2:16.6	✉
8	2:19.8	Mike Taylor	V45	M		Southport Waterloo	2:14.2	2:14.2	✉
9	2:25.4	Luke Turner	U23	M		Hoad Hill	2:10.0	2:10.0	✉
10	2:29.0	Jeffrey Chadwick	S B	V50	M	Hoad Hill/Helm Hill	2:29.0	2:25.2	✉

800 U17M										
Po s	Perf	Name	AG	Yea r	Coach	Club	SB	PB		
1	2:07.8	Mark Roberts	S B	U17 M	1	Mark Bleasdale	Liverpool Pembroke Sefton	1:56.73	1:56.73	✉
2	2:10.1	Fletcher Foster	P B	U17 M	2	Mark Bleasdale	Liverpool Pembroke Sefton	2:04.5	2:04.5	✉
3	2:10.9	Peter Stevens	P B	U17 M	2		Clayton le Moors	2:10.9	2:10.9	✉
4	2:14.6	Jacob Smith	P B	U17 M	2		Kendal	2:14.6	2:14.6	✉
5	2:16.6	Sé Loughlin		U17 M	1		Liverpool Pembroke Sefton	2:10.18	2:10.18	✉
6	2:20.8	Michael Kain		U17 M	1		Liverpool Pembroke Sefton	2:17.1	2:17.1	✉
7	2:27.3	James Corbishley	P B	U20 M	3		Hoad Hill	2:27.3	2:27.3	✉
800 U15M										
Po s	Perf	Name	AG	Yea r	Coach	Club	SB	PB		
1	2:11.8	Finlay Starkie		U15 M	2		Copeland	2:05.5	2:05.5	✉
2	2:14.8	Hayden Mercer		U15 M	2		Blackburn	2:07.0	2:07.0	✉
3	2:21.1	Oliver Webster		U15 M	2		Rossendale	2:16.57	2:16.57	✉

4	2:21.9	Daniel Valentine	P B	U15 M	2	Andy Bibby	Preston	2:15.51	2:15.51	
5	2:23.4	Theo Watson		U15 M	1		Blackburn	2:17.2	2:17.2	
6	2:24.7	Kyle Taylor-Pomfret	P B	U15 M	2		Blackburn	2:20.6	2:20.6	
7	2:25.9	Cameron Oliver	P B	U15 M	2		Kirkby Milers	2:18.38	2:18.38	
8	2:27.7	Dexta Thompson		U15 M	1		Blackburn	2:25.0	2:25.0	
9	2:28.9	Harry Cain	P B	U15 M	1		Liverpool Pembroke Sefton	2:28.9	2:28.9	
10	2:33.3	Justin Corbishley	P B	U15 M	2		Hoad Hill	2:33.3	2:33.3	
11	2:37.4	Ben Dilworth		U15 M	1		Preston	2:20.47	2:20.47	
12	2:42.5	Cameron Ayres	P B	U15 M	1		Liverpool Pembroke Sefton	2:42.5	2:42.5	
13	2:47.7	Sebastian Burton		U15 M	2		Blackburn	2:30.98	2:30.98	

800 U13M 1

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	2:33.1	Thomas Walsh	SB	U13 M	2	Liverpool Pembroke Sefton	2:33.1	2:31.8	
2	2:33.5	Sam Smalley	PB	U13 M	2	Preston	2:19.44	2:19.44	
3	2:34.5	James Brassington		U13 M	2	Lancaster & Morecambe	2:28.0	2:28.0	
4	2:37.3	Nathan Naylor		U13 M	2	Liverpool Pembroke Sefton	2:30.9	2:30.9	
5	2:38.0	Isaac Dickinson	PB	U13 M	2	Karyn Hannaway Liverpool Pembroke Sefton	2:36.7	2:36.7	
6	2:38.6	Ethan Chadwick	PB	U13 M	1	Preston	2:29.0	2:29.0	
7	2:39.5	Jack Thomas Winstanley		U13 M		Preston Harriers			
8	2:40.2	Harry Sambrook		U13 M	2	Blackburn	2:38.8	2:38.8	

800 U13M 2

Po s	Perf	Name	AG	Yea r	Coach	Club	SB	PB	
1	2:38.1	Ethan Tinsley	P B	U13 M	2	Liverpool Pembroke Sefton	2:37.9	2:37.9	✉
2	2:40.3	Charlie Rotherham	P B	U13 M	2	Liverpool Pembroke Sefton	2:39.7	2:39.7	✉
3	2:47.3	Joshua Todd		U13 M	1	Kendal	2:44.1	2:44.1	✉
4	2:49.2	Hayden Ridgley		U13 M	1	Preston	2:40.4	2:40.4	✉
5	2:51.1	James Gardner	P B	U13 M	2	Liverpool Pembroke Sefton	2:51.1	2:51.1	✉
6	2:56.0	Alfie Hall		U13 M	1	Blackpool, Wyre & Fylde	2:45.7	2:45.7	✉
7	2:56.4	Harvey Holden		U13 M	2	Burnley	2:51.9	2:46.7	✉
8	2:58.4	Findlay Carroll		U13 M	1	Blackburn	2:55.10	2:55.10	✉
9	3:01.3	Alfie Feeley	P B	U13 M	2	Hyndburn	2:52.7	2:52.7	✉

800 SW

Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	2:20.8	Olivia Leigh	U17 W		Katie Hewison	Chorley ATC	2:15.00	2:15.00	✉
2	2:22.5	Nicola Moynihan	P B U20 W			Clayton le Moors/Hyndburn	2:22.5	2:22.5	✉
3	2:31.9	Kirsty Hamilton	U17 W			Lancaster & Morecambe	2:30.4	2:26.7	✉
4	2:32.8	Jennifer Williamson	S B U17 W			Liverpool Pembroke Sefton	2:27.5	2:27.5	✉
5	2:35.2	Robyn Lee	P B U17 W			Chorley ATC	2:30.89	2:30.89	✉
6	2:35.8	Lauren Booth	S B U23 W			Hoad Hill	2:35.8	2:31.8	✉
7	2:48.4	Rachel Glendinning	U17 W			Hyndburn	2:45.5	2:45.5	✉

800 U15W 1

Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	2:33.5	Leah Hoole	S B U15 W	2		Blackburn	2:28.8	2:28.8	✉
2	2:34.3	Anna Crossley	S B U15 W	1		Liverpool H	2:27.9	2:27.9	✉
3	2:38.5	Martha Rayner	U15 W	1		Preston	2:29.8	2:29.8	✉
4	2:39.9	Kate Cookson	U15 W	1		Blackburn	2:29.6	2:29.6	✉
5	2:40.9	Hollie Ella Cubbon	U15 W	2		Blackburn	2:34.6	2:34.6	✉
6	2:48.3	Caroline Woodworth	U15 W	1		Blackburn	2:39.1	2:36.9	✉
7	2:51.7	Kiera Booth	U15 W	1		Blackburn	2:41.59	2:41.59	✉

800 U15W 2

Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	2:38.6	Imogen Ferguson	U15 W	2		Clayton le Moors	2:37.7	2:37.7	✉
2	2:39.7	Charlotte Mahoney	U15 W	1		Preston	2:30.87	2:30.87	✉
3	2:43.2	Anna Thompson	S B U15 W	1		Preston	2:36.3	2:30.6	✉
4	2:46.0	Brogane Murphy	S B U15 W	2		Lytham St. Annes	2:39.7	2:39.7	✉
5	2:48.0	Molly Nicholls	S B U15 W	2		Blackburn	2:43.8	2:41.1	✉
6	2:48.3	Amelie Earnshaw	S B U15 W	2		Lancaster & Morecambe	2:48.3	2:44.8	✉
7	2:48.6	Jessica Lane	P B U15 W	2		Preston	2:38.7	2:38.7	✉
8	2:49.8	Eva Knowles	P B U15 W	1		Blackburn	2:49.8	2:49.8	✉
9	2:51.2	Millie Sambrook	P B U15 W	2		Blackburn	2:51.2	2:51.2	✉

800 U13W

Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	2:49.4	Hannah Williamson	P B U13 W	2		Liverpool Pembroke Sefton	2:49.4	2:49.4	✉
2	2:49.5	Imogen Robinson	P B U13 W	1		Blackburn	2:46.1	2:46.1	✉
3	2:49.5	Megan Reynolds	U13 W	2		Preston	2:41.1	2:41.1	✉

4	2:52.5	Eve Coulson		U13 W	1		Blackburn	2:47.7	2:47.7	
5	2:53.0	Kitty Dawson-Williams		U13 W	2		Hyndburn	2:44.4	2:44.4	
6	2:55.7	Zoe Green		U13 W	1		Burnley	2:39.7	2:39.7	
7	3:00.1	Jessica Ramsden	P B	U13 W	1		Blackpool, Wyre & Fylde	3:00.1	3:00.1	
8	3:01.3	Abigail Mckenna		U13 W	2		Preston	3:00.1	2:48.19	
9	3:02.3	Honor Morton	P B	U13 W	1		Barrow & Furness	2:49.71	2:49.71	
10	3:02.6	Eve Maund		U13 W	1		Liverpool Pembroke Sefton	2:52.2	2:52.2	
11	3:06.8	Eve Hannaway		U13 W	1		Liverpool Pembroke Sefton	3:04.1	3:04.1	
12	3:25.6	Holly Applegate		U13 W	1		Burnley	3:21.6	3:21.6	

1500 SM

Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	4:17.5	Matthew Harris	U23 M		Michael Solomon	Rossendale/Leeds Beckett Uni	3:57.15	3:53.60	
2	4:23.0	Joseph Niven	P B U20 M			Mersey Tri/Liverpool Pembroke Sefton	4:23.0	4:23.0	
3	4:23.3	Ben Sache	S B U23 M			Lancaster & Morecambe/Lancaster Uni	4:20.38	4:20.38	
4	4:29.7	Jacob Watson	P B V35 M		Ben Fish	Blackburn	4:29.7	4:29.7	
5	4:35.6	Andrew Dorrian	SE N M			Hoad Hill	4:33.8	4:33.8	
6	4:36.8	Tony O'Brien	V45 M		Mark Bleasdale	Liverpool Pembroke Sefton	4:33.6	3:50.38	
7	4:38.8	Mark Bonner	P B V45 M			Hoad Hill	4:38.8	4:38.8	
8	4:44.2	Paul Milburn	S B V35 M		Christopher Mulvaney	Liverpool Pembroke Sefton	4:44.2	4:31.6	
9	5:01.0	Michael Williams	V35 M			Burnley	4:45.0	4:45.0	

1500 U17M

Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	4:23.6	Jake Dickinson	U17 M	1		Liverpool Pembroke Sefton/Preston	4:15.72	4:15.72	
2	4:31.1	Harry Wood	U17 M	2		Hyndburn	4:26.9	4:26.9	
3	4:34.0	Michael Stevens	U17 M	2		Clayton le Moors/Burnley	4:26.3	4:26.1	
4	4:38.8	Jacob Smith	U17 M	2		Kendal	4:20.5	4:20.5	
5	4:41.1	Benjamin Smith	S B U17 M	1		Kendal	4:35.3	4:33.7	
6	4:48.5	Ryan Heneghan	U17 M			Guest			
7	4:50.8	Charlie Deakin	P B U17 M	1		Kirkby Milers	4:43.97	4:43.97	
8	4:59.2	Jared Nicholls	P B U17 M	1		Liverpool Pembroke Sefton	4:59.2	4:59.2	
9	5:13.6	James Corbishley	U20 M	3		Hoad Hill	4:42.6	4:42.6	

1500 U15M

Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	5:15.7	Ellen Sagar-Hesketh	S B	SE N W		Blackburn/Sheffield Hallam Uni	5:15.7	5:08.2	
2	5:16.3	Debra Campbell	P B	V35 W	Mark Bleasdale	Liverpool Pembroke Sefton	5:12.7	5:12.7	
3	5:39.0	Faye Hannaway	P B	U17 W		Liverpool Pembroke Sefton	5:39.0	5:39.0	
4	5:40.1	Phoebe Lucas	P B	U17 W		Liverpool Pembroke Sefton	5:38.7	5:38.7	
5	5:57.8	Grace Kelly	S B	U17 W	Andy Bibby	Preston	5:57.8	5:45.1	
6	6:02.5	Heather Travis	P B	V45 W		Hoad Hill	5:57.7	5:57.7	

1500 U15W

Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	5:02.1	Abigail Stratton	P B	U15 W 2		Trawden/Blackburn	4:52.3	4:52.3	
2	5:04.4	Sarah Smith	P B	U15 W 1		Kendal	4:58.06	4:58.06	
3	5:05.5	Sophie Bohannon	P B	U15 W 1		Lytham St. Annes	5:02.9	5:02.9	
4	5:32.8	Lara Ingram-Weston	S B	U15 W 1		Chorley ATC	5:31.8	5:31.4	
5	5:33.1	Keira Haxton		U15 W 1		Blackburn	5:15.0	5:15.0	
6	5:48.0	Chloe Bousfield	S B	U15 W 1		Liverpool Pembroke Sefton	5:35.4	5:35.4	
7	5:54.1	Leah Clarke	P B	U15 W 1		Liverpool Pembroke Sefton	5:54.1	5:54.1	

1500 U13W

Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	5:46.7	Poppi Niamh Watson	P B	U13 W 2		Preston	5:46.7	5:46.7	
2	5:51.0	Erika Corns		U13 W 1		Burnley	5:43.7	5:43.7	
3	5:51.8	Iris Davidson		U13 W 2		Liverpool Pembroke Sefton	5:36.2	5:36.2	
4	5:59.5	Amelia Southam	S B	U13 W 2		Burnley	5:59.5	5:40.2	
5	6:03.9	Sarah Yates		U13 W 1		Liverpool Pembroke Sefton	5:37.7	5:37.7	
6	6:09.8	Anna Yates	P B	U13 W 2		Liverpool Pembroke Sefton	6:09.8	6:09.8	
7	6:18.9	Heidi Sagar-Moss	P B	U13 W 1		Hyndburn	5:56.7	5:56.7	

3000 SX

Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	9:18.8	Rhys Ashton		U17 M	Colin Gemson	Lancaster & Morecambe	9:14.28	9:14.28	
2	9:31.7	Adam Jones	P B	U20 M	Mark Bleasdale	Liverpool Pembroke Sefton	9:31.7	9:31.7	
3	9:43.0	Dominic Walton		SE N M	John Wood	Blackburn/Sheffield Hallam Uni	9:00.18	9:00.18	
4	10:37.7	Annabel Ralph	S B	SE N W		Blackburn/Burnley	10:34.5	10:14.1	

5	11:07.2	Debra Campbell	V35 W	Mark Bleasdale	Liverpool Pembroke Sefton	10:54.26	10:54.26	
6	11:16.0	Keith Swift	V40 M	Christopher Mulvaney	Southport Waterloo	11:13.7	11:10.9	
7	11:23.5	Thomas Ralfs	P B U17 M		Liverpool Pembroke Sefton	11:23.5	11:23.5	
8	11:55.1	Bethany Reid	U17 W		Chorley ATC	11:29.9	11:29.9	
9	12:28.5	Megan Mahoney	P B U17 W		Preston	12:28.5	12:28.5	

4x100 U15M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	61.6	Blackburn U15 Team	U15 M			Blackburn	48.38	48.38	

4x100 U17W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	54.0	Blackpool, Wyre & Fylde U17 Team	U17 W			Blackpool, Wyre & Fylde	51.3	50.2	
2	56.5	Blackpool, Wyre & Fylde U17 Team	U17 W			Blackpool, Wyre & Fylde	51.3	50.2	
3	59.7	Chorley Athletic & Tri	U17 W			Chorley Athletic & Tri			

4x100 U15W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	54.6	Preston U15 Team	U15 W			Preston	49.9	49.9	
2	57.4	Southport Waterloo U15 Team	U15 W			Southport Waterloo	51.9	51.9	

4x100 U13W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	60.0	Blackpool, Wyre & Fylde U13 Team	S B U13 W			Blackpool, Wyre & Fylde	58.0	56.08	
2	63.6	Burnley U13 Team	P B U13 W			Burnley	63.6	63.6	

4x400 SM

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	4:27.4	Kirkby Milers	SE N M			Kirkby Milers			

HJ SM

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	1.95	Owen Southern	U20 M		Dave McComb	Liverpool Pembroke Sefton	2.01	2.01	
2	1.80	Tom Kwissa	S B U20 M		Dave McComb	Liverpool Pembroke Sefton	1.90	1.90	
3	1.80	Sandy Clarkson	P B U17 M			Liverpool Pembroke Sefton	1.90	1.90	

4	1.75	Jamie Hopkins	P B	U17 M	Philip Whitfield	Liverpool Pembroke Sefton/Southport Waterloo	1.77	1.77		
5	1.60	Samuel Howarth	P B	U17 M		Blackpool, Wyre & Fylde	1.60	1.60		
6	1.55	Osasu Fernandez Agho-Peter		U17 M		Burnley	1.60	1.60		
HJ U15M										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	1.60	Jacob Garrity	U15 M	2		Liverpool Pembroke Sefton	1.71	1.71		
2=	1.55	George Lowe	U15 M	2		Preston	1.69	1.69		
2=	1.55	Rory Teare	U15 M	2		Blackburn	1.59	1.59		
4	1.55	George Mackenzie	P B	U15 M	1	Blackpool, Wyre & Fylde	1.60	1.60		
HJ U13M										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	1.43	Matthew Smith	U13 M	1		Blackburn	1.55	1.55		
2	1.35	Daniel Smith	P B	U13 M	2	Blackburn	1.45	1.45		
3	1.35	Adam Byrne	U13 M	2		Southport Waterloo	1.40	1.40		
4	1.10	Bertie Ellison	U13 M	2		Lancaster & Morecambe	1.30	1.30		
HJ SW										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	1.60	Lucy Fyffe	P B	U17 W	Stuart Swann	Chorley ATC	1.60	1.60		
2	1.40	Imogen Ayres		U17 W	Dave McComb	Liverpool Pembroke Sefton	1.45	1.53		
3	1.35	Millie Chadwick		U20 W		Barrow & Furness	1.41	1.45		
HJ U15W										
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	1.50	Ruth Usher	P B	U15 W	2	Liverpool Pembroke Sefton	1.50	1.50		
2	1.45	Millie O'Hanlon		U15 W	1	Liverpool Pembroke Sefton	1.53	1.53		
3	1.40	Isabel Caven		U15 W	2	Preston	1.45	1.45		
4	1.40	Megan Ashworth	S B	U15 W	1	Chorley ATC	1.44	1.44		
5	1.40	Emily Rankin	P B	U15 W	1	Gary Tunstall	Preston	1.45	1.45	
6	1.35	Heather Taylor-Harling	P B	U15 W	2	Preston	1.35	1.35		
7=	1.30	Layla Allton	P B	U15 W	2	Chorley ATC	1.30	1.30		
7=	1.30	Skye Greenacre	P B	U15 W	2	Blackburn	1.35	1.35		
7=	1.30	Eva Knowles		U15 W	1	Blackburn	1.35	1.35		
10	1.30	Rebecca Fisher	S B	U15 W	1	Syl Sampey	Lytham St. Annes	1.35	1.35	
11	1.30	Abigail Parker	P B	U15 W	1	Liverpool Pembroke Sefton	1.35	1.35		

12=	1.25	Gracie Rutter	P B	U15 W	1	Dezz Reynolds	Blackpool, Wyre & Fylde	1.25	1.25	
12=	1.25	Niamh Procter		U15 W	2		Southport Waterloo	1.35	1.38	
14	1.20	Lucie Broomby		U15 W	2		Carlisle Aspatria	1.31	1.31	
HJ U13W										
Po s	Perf	Name		AG	Year	Coach	Club	SB	PB	
1	1.38	Lauren Byrne	P B	U13 W	2		Southport Waterloo	1.45	1.45	
2	1.35	Aimee Broomby	P B	U13 W	2		Carlisle Aspatria	1.41	1.41	
3	1.25	Amy English	P B	U13 W	2		Liverpool Pembroke Sefton	1.28	1.28	
4	1.20	April Fitzpatrick	P B	U13 W	2		Wigan & District	1.20	1.20	
5	1.20	Kady Thompson		U13 W	2		Blackburn	1.25	1.25	
6	1.15	Marcia Rutter	P B	U13 W	1	Dezz Reynolds	Blackpool, Wyre & Fylde	1.15	1.15	
7	1.10	Elizabeth Buraimo		U13 W	1		Preston	1.30	1.30	
8	1.10	Imogen Robinson		U13 W	1		Blackburn	1.25	1.25	

LJ SM										
Po s	Perf	Name		AG	Year	Coach	Club	SB	PB	
1	5.42	Jon Rutter	S B	V35 M			Blackpool, Wyre & Fylde	5.42	6.00	
2	5.28	Tom Kwissa	P B	U20 M		Dave McComb	Liverpool Pembroke Sefton	5.28	5.28	
3	5.11	Benjamin Whittaker		U20 M			Blackburn	5.67	5.67	
4	4.93	Harry Booth		U17 M			Preston	5.38	5.39	
5	4.74	John Byrne	S B	SE N M			Southport Waterloo	4.74	5.03	
6	4.66	James Ellis	S B	V35 M			Kirkby Milers	4.66	4.70	

LJ U15M										
Po s	Perf	Name		AG	Year	Coach	Club	SB	PB	
1	4.92	George Mackenzie	P B	U15 M	1		Blackpool, Wyre & Fylde	4.92	4.92	
2	4.80	James Ince		U15 M	1	Robert Gillies	Preston	5.71	5.71	
3	4.78	Robbie Tiffen	P B	U15 M	2		Carlisle Aspatria	4.93	4.93	
4	4.65	Luke Dawson		U15 M	2		Carlisle Aspatria	5.06	5.06	
5	4.39	Daniel Shuttleworth	P B	U15 M	2		Preston	4.39	4.39	
6	3.56	Stephen Alberts	P B	U15 M	1		Blackburn	3.56	3.56	

LJ U13M										
Po s	Perf	Name		AG	Year	Coach	Club	SB	PB	
1	4.26	Kieran Bowden		U13 M	2		Pendle	4.32	4.32	
2	4.21	Matthew Smith		U13 M	1		Blackburn	4.41	4.41	

3	3.91	Logan Campbell		U13 M	1	Gary Tunstall	Preston	4.36	4.36	✉
4	3.89	Oliver James Walsh		U13 M	1		Burnley	4.13	4.13	✉
5	3.88	Alfie Feeley	P B	U13 M	2		Hyndburn	3.88	3.88	✉
6	3.86	Daniel Nuttall	P B	U13 M	1		Blackburn	4.16	4.16	✉
7	3.74	Sam Jackson	P B	U13 M	1		Preston	3.74	3.74	✉
8	3.65	Caleb Tregay		U13 M	1		Burnley	3.88	3.88	✉
9	3.64	Daniel Smith		U13 M	2		Blackburn	3.97	3.97	✉
10	3.60	Thomas Kelsall		U13 M	1		Preston	4.15	4.15	✉
11	3.23	Oliver Gill		U13 M	1		Blackburn	3.64	3.64	✉
12	3.22	Findlay Carroll	P B	U13 M	1		Blackburn	3.57	3.57	✉
13	3.21	Isaac Ormerod	P B	U13 M	1		Blackpool, Wyre & Fylde	3.21	3.21	✉
14	2.93	Jack Walker	P B	U13 M	1		Blackpool, Wyre & Fylde	2.93	2.93	✉
15	2.87	Harvey Holden	S B	U13 M	2		Burnley	2.87	2.91	✉
16	2.63	George Ramsden	P B	U13 M	1		Blackburn	2.63	2.63	✉
17	2.59	Isaac Smith	P B	U13 M	1		Blackburn	2.59	2.59	✉
18	2.30	Luke Culshaw	P B	U13 M	1		Kirkby Milers	2.30	2.30	✉

LJ SW

Po s	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	4.91	Erin Birchall	U20 W		Philip Whitfield	Liverpool Pembroke Sefton	5.00	5.25	✉
2	4.65	Martha Simms	U17 W		Philip Whitfield	Liverpool Pembroke Sefton	5.06	5.09	✉
3	4.62	Leah Howard	U17 W		Dezz Reynolds	Blackpool, Wyre & Fylde	4.89	4.90	✉
4	4.54	Millie Chadwick	U20 W			Barrow & Furness	4.93	5.07	✉
5	4.49	Natalia Luczak	U17 W		Charles Garrett	Blackpool, Wyre & Fylde	5.07	5.07	✉
6	4.19	Candice Craven	U20 W			Lancaster & Morecambe	4.45	4.83	✉
7	4.18	Megan Lewis	S B	U17 W		Blackpool, Wyre & Fylde	4.36	4.58	✉
8	4.13	Grace Mitchell	U17 W		Philip Whitfield	Liverpool Pembroke Sefton	4.71	4.95	✉
9	4.09	Mary-Jayne Broomhead	S B	U17 W	Dezz Reynolds	Blackpool, Wyre & Fylde	4.76	4.76	✉
10	4.03	Rachel Holt	P B	SE N W		Burnley	4.15	4.15	✉
11	4.02	Liberty Thompson	P B	U17 W		Blackburn	4.22	4.22	✉
12	3.70	Kacie Calvert	U17 W		Dezz Reynolds	Blackpool, Wyre & Fylde	4.08	4.25	✉
13	2.87	Helen Dawson-Smith	P B	V45 W		Blackburn	2.87	2.87	✉

LJ U15W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	4.96	Eleanor Noblet	U15 W	2	Gary Tunstall	Preston	5.14	5.14	✉
2	4.51	Heather Taylor-Harling	U15 W	2		Preston	4.74	4.74	✉
3	4.47	Katelyn Swift	PB U15 W	1	Dave Brown	Liverpool Pembroke Sefton	4.47	4.47	✉
4	4.24	Iona Cossens	PB U15 W	2		Blackpool, Wyre & Fylde	4.34	4.34	✉
5	4.20	Evie Noblett	U15 W	1	Gary Tunstall	Preston	4.62	4.62	✉
6	4.13	Tamalyn Dickinson	U15 W	2	Gary Tunstall	Preston	4.28	4.44	✉
7	4.12	Aimee Clare	U15 W	1		Kirkby Milers	4.48	4.48	✉
8	4.12	Emma Jane Tunstall	U15 W	1	Gary Tunstall	Preston	4.15	4.15	✉
9	4.09	Niamh Procter	U15 W	2		Southport Waterloo	4.36	4.48	✉

10	4.01	Gracie Rutter	U15 W	1	Dezz Reynolds	Blackpool, Wyre & Fylde	4.50	4.50	✉
11	3.98	Katie Irving	U15 W	1		Carlisle Aspatria	4.33	4.33	✉
12	3.93	Skye Greenacre	U15 W	2		Blackburn	4.13	4.13	✉
13	3.84	Daisie-Mae Keane	U15 W	2		Blackpool, Wyre & Fylde	4.01	4.01	✉
14	3.72	Kiera Booth	PB U15 W	1		Blackburn	3.88	3.88	✉
15	3.40	Megan Leigh	SB U15 W	1		Chorley ATC	3.40	3.54	✉
16	3.39	Megan Ashworth	U15 W	1		Chorley ATC	4.06	4.06	✉

LJ U13W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	4.34	Cerys Allen	U13 W	2	Gary Tunstall	Preston	4.76	4.79	✉
2	3.92	Keira Tomes	U13 W	2		Blackpool, Wyre & Fylde	4.07	4.07	✉
3	3.72	Hannah Bushby	U13 W	2		Barrow & Furness	4.16	4.16	✉
4	3.64	Layla Wholey	U13 W	1		Blackpool, Wyre & Fylde	3.75	3.75	✉
5	3.61	Millie Turner	U13 W	1	Dezz Reynolds	Blackpool, Wyre & Fylde	4.12	4.12	✉
6	3.58	Marcia Rutter	PB U13 W	1	Dezz Reynolds	Blackpool, Wyre & Fylde	3.76	3.76	✉
7	3.54	Amelia Burton	PB U13 W	2		Blackburn	3.54	3.54	✉
8	3.52	Katelyn Morson	U13 W	2		Carlisle Aspatria	4.07	4.07	✉
9	3.51	Ava Jones	PB U13 W	1		Preston	3.73	3.73	✉
10	3.50	Heidi Sagar-Moss	U13 W	1		Hyndburn	3.86	3.86	✉
11	3.48	April Fitzpatrick	PB U13 W	2		Wigan & District	3.85	3.85	✉
12	3.47	Greta Morton	U13 W	1		Barrow & Furness	3.79	3.79	✉
13	3.46	Aimee Broomby	U13 W	2		Carlisle Aspatria	4.09	4.09	✉
14	3.42	Niamh Gater	U13 W	2		Blackburn	3.80	3.85	✉
15	3.36	Erika Corns	U13 W	1		Burnley	3.76	3.76	✉
16	3.35	Lucy Bell	PB U13 W	1		Carlisle Aspatria	3.51	3.51	✉
17	3.35	Grace Oates	PB U13 W	2		Blackpool, Wyre & Fylde	3.62	3.62	✉
18	3.31	Sophia Ince	U13 W	1		Preston	3.68	3.68	✉
19	3.30	Amara Thorpe	U13 W	2		Lytham St. Annes	3.61	3.61	✉
20	3.29	Amelia Southam	U13 W	2		Burnley	3.46	3.59	✉

21	3.29	Imogen Robinson	PB	U13 W	1		Blackburn	3.73	3.73	
22	3.27	Clemmie Tierney		U13 W	1		Lytham St. Annes	3.69	3.69	
23	3.20	Honor Morton		U13 W	1		Barrow & Furness	3.37	3.37	
24	3.01	Elizabeth Buraimo		U13 W	1		Preston	3.70	3.70	
25	2.96	Alayana Ahmed	SB	U13 W	2		Chorley ATC	2.96	3.71	
26	2.95	Alice Lamb		U13 W	1		Chorley ATC	3.62	3.62	
27	2.91	Sydney Ellison	PB	U13 W	1		Lancaster & Morecambe	2.91	2.91	
28	2.88	Hollie Mayhew		U13 W	1		Burnley	3.74	3.74	
29	2.74	Amaliea Williams		U13 W	1		Burnley	2.99	2.99	
30	2.57	Eleanor Norris-Jones		U13 W	1		Preston	2.94	2.94	

TJ SM

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	11.76	Will Whiteside	PB	U17 M	Gary Tunstall	Preston	12.10	12.10	
2	10.10	John Byrne	SB	SEN M		Southport Waterloo	10.10	10.17	
3	9.76	James Ellis		V35 M		Kirkby Milers	9.87	9.87	
4	8.99	Samuel Howarth	PB	U17 M		Blackpool, Wyre & Fylde	8.99	8.99	
5	8.05	Charlie Deakin	PB	U17 M		Kirkby Milers	8.05	8.05	

TJ SW

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	10.05	Martha Simms		U17 W	Philip Whitfield	Liverpool Pembroke Sefton	10.43	10.43	
2	9.65	Georgia Norman		U17 W	Dezz Reynolds	Blackpool, Wyre & Fylde	9.72	9.73	
3	9.55	Grace Mitchell		U17 W	Philip Whitfield	Liverpool Pembroke Sefton	10.00	10.00	
4	9.42	Olivia Hanby		U20 W		Blackpool, Wyre & Fylde	9.49	10.05	
5	9.15	Katie Irving	PB	U15 W		Carlisle Aspatria	9.15	9.15	
6	8.61	Ella McFarlane	SB	U17 W	Lauren Storr	Holmfirth	8.61	9.14	

SP7.26K SM

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	12.07	Dan Upton		V40 M	Michael Martin	Richmond & Zetland/North East Vets	13.10	13.10	
2	11.63	Anthony Kent	PB	U20 M	Jim Kerrigan	Blackburn	11.81	11.81	
3	10.40	Scott Gizon		V40 M		Burnley	11.73	11.73	
4	10.21	Alan Plumb		V35 M	Derek Butterworth	Pendle	11.31	12.53	
5	10.01	Dave Brown		V50 M		Liverpool Pembroke Sefton/Northern Masters/Civil S	10.15	11.31	
6	9.86	Brian Campbell	SB	V45 M		Preston	9.86	11.00	
7	8.66	Christopher Burgess	PB	V40 M		Southport Waterloo/Northern Masters	8.91	8.91	
8	8.29	John Byrne	PB	SEN M		Southport Waterloo	8.29	8.29	
9	7.24	Mark Crompton		V55 M	Dave Brown	Liverpool Pembroke Sefton/Northern Masters	7.82	8.27	
10	6.88	John Edwards		V65 M		Burnley	7.24	8.85	

SP5K U17M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	10.99	Ryan Wilson	SB	U17 M	2 Paul Burns	Barrow & Furness	10.99	11.39	
2	9.48	Toby Wilson		U17 M	1	Barrow & Furness	10.28	10.28	
3	8.95	Jamie Hopkins	PB	U17 M	2 Philip Whitfield	Liverpool Pembroke Sefton/Southport Waterloo	9.55	9.55	
4	8.10	Rohan Johnson		U17 M	1	Blackburn	8.91	8.91	
5	8.07	Matthew Heywood		U17 M	1 Michael Hitchon	Blackburn	8.59	8.59	

SP4K U15M									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	10.55	Luke Dawson	PB U15 M	2		Carlisle Aspatria	11.47	11.47	✉
2	7.92	James Bell	PB U15 M	1		Carlisle Aspatria	9.31	9.31	✉
3	6.46	Toby Nicholson	U15 M	2		Lancaster & Morecambe	7.42	7.42	✉
4	5.44	Stephen Alberts	U15 M	1		Blackburn	5.73	5.73	✉
SP4K SW									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	11.74	Nia Rutter	PB SEN W		Robert Wyper	Blackpool, Wyre & Fylde	12.03	12.03	✉
2	8.96	Emily Taberner	PB U20 W			Blackburn	9.01	9.01	✉
3	7.46	Candice Craven	U20 W			Lancaster & Morecambe	7.79	7.79	✉
4	7.39	Susan Ball	V45 W		David Needham	Blackpool, Wyre & Fylde	8.04	8.42	✉
5	6.18	Lynn Baker	V55 W			Pendle	6.77	6.77	✉
6	5.72	Nicola Swift	SB V40 W		Dave Brown	Liverpool Pembroke Sefton	6.60	6.60	✉
SP3K U13M									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	7.57	Jay Whiteside	PB U13 M	2		Preston	8.25	8.25	✉
2	7.04	Adam Byrne	U13 M	2		Southport Waterloo	7.57	7.57	✉
3	7.03	Connor Norman	PB U13 M	2	Sarah Parsons	Blackpool, Wyre & Fylde	7.03	7.03	✉
4	6.79	Harry Appleton	PB U13 M	2		Preston	7.87	7.87	✉
5	6.42	Harrison Allcock	PB U13 M	2		Blackburn	6.64	6.64	✉
6	5.25	Aiden Norris-jones	PB U13 M	2		Preston	5.25	5.25	✉
7	5.22	Toby Mansfield	U13 M	1		Blackburn	5.81	5.81	✉
8	5.08	Adam Bamber	U13 M	1		Southport Waterloo	5.43	5.43	✉
SP3K U17W									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	12.97	Bekki Roche	U17 W	2		Southport Waterloo	14.73	14.73	✉
2	10.95	Macy Noblett	PB U17 W	1	Gary Tunstall	Preston	12.27	12.27	✉
3	8.31	Leah Howard	U17 W	1	Dezz Reynolds	Blackpool, Wyre & Fylde	9.30	9.30	✉
4	7.58	Annabel Stewart	SB U17 W	2		Chorley ATC	7.58	7.79	✉
SP3K U15W									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	9.10	Amber Hughes	U15 W	1	Barrie Hughes	Southport Waterloo	10.44	10.44	✉
2	9.05	Eleanor Noblet	PB U15 W	2	Gary Tunstall	Preston	9.37	9.37	✉
3	9.05	Evie Noblett	U15 W	1	Gary Tunstall	Preston	10.20	10.20	✉
4	8.96	Katie Piercy	U15 W	2	Barrie Hughes	Southport Waterloo	9.56	9.56	✉
5	8.38	Tamalyn Dickinson	PB U15 W	2	Gary Tunstall	Preston	8.53	8.53	✉
6	7.85	Blythe Cordwell	U15 W	1		Chorley ATC	9.00	9.00	✉
7	7.47	Rebecca Fisher	U15 W	1	Syl Sampey	Lytham St. Annes	7.78	7.78	✉
8	7.41	Hannah Giles	U15 W	2		Lancaster & Morecambe	7.79	7.79	✉
9	7.27	Emma Jane Tunstall	PB U15 W	1	Gary Tunstall	Preston	8.21	8.21	✉
10	7.18	Chloe Molyneux	PB U15 W	1		Chorley ATC	7.27	7.27	✉
11	7.07	Kitty Mason	PB U15 W	1		Blackpool, Wyre & Fylde	7.16	7.16	✉
12	7.05	Caroline Woodworth	U15 W	1		Blackburn	7.66	7.66	✉
13	6.95	Grace Bontoft	PB U15 W	2		Blackburn	7.54	7.54	✉
14	6.66	Lucie Broomby	PB U15 W	2		Carlisle Aspatria	7.30	7.30	✉
15	6.65	Emily Cottam	PB U15 W	1		Blackburn	6.65	6.65	✉
16	6.11	Eva Knowles	PB U15 W	1		Blackburn	6.11	6.11	✉
17	5.76	Talia Ball	U15 W	2		Blackpool, Wyre & Fylde	7.73	7.73	✉

18	5.54	Niamh Procter	SB	U15	W	2	Southport Waterloo	6.82	6.82	
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SP2.72K U13W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	7.86	Lauren Byrne	U13	W	2	Southport Waterloo	8.11	8.11	✉	
2	7.54	Tilly Pollard	U13	W	2	Blackburn	8.33	8.33	✉	
3	5.73	Madison Bontoft	U13	W	2	Blackburn	7.64	7.64	✉	
4	5.45	Heidi Sagar-Moss	U13	W	1	Hyndburn	6.02	6.02	✉	
5	5.16	Lucy Bell	U13	W	1	Carlisle Aspatria	5.76	5.76	✉	
6	4.77	Evie Kitchen	U13	W	1	Preston	4.81	4.81	✉	
7	4.42	Eleanor Norris-Jones	PB	U13	W	1	Preston	4.42	4.42	✉
8	4.41	Grace Oates	PB	U13	W	2	Blackpool, Wyre & Fylde	4.57	4.57	✉
9	3.90	Millie Turner	U13	W	1	Dezz Reynolds	4.75	4.75	✉	
10	3.77	Holly Applegate	PB	U13	W	1	Burnley	4.17	4.17	✉

DT2K SM

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	36.25	Dan Upton	V40	M	Michael Martin	Richmond & Zetland/North East Vets	38.95	38.95	
2	33.00	Anthony Kent	U20	M	Jim Kerrigan	Blackburn	39.20	39.20	
3	30.55	Dave Brown	SB	V50	M	Liverpool Pembroke Sefton/Northern Masters/Civil S	32.72	34.51	
4	30.02	Scott Gizon	V40	M		Burnley	35.35	35.35	
5	29.19	Alan Plumb	V35	M	Derek Butterworth	Pendle	31.02	34.64	
6	26.73	Leeroy Golding	V50	M		Pendle/Northern Masters	27.43	32.94	
7	24.03	Mark Crompton	V55	M	Dave Brown	Liverpool Pembroke Sefton/Northern Masters	29.13	29.26	
8	18.81	John Edwards	V65	M		Burnley	23.14	25.85	

DT1.5K U17M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	36.35	Ryan Wilson	U17	M	2	Paul Burns	40.65	40.65	
2	28.62	Matthew Heywood	U17	M	1	Michael Hitchon	29.46	29.46	
3	27.86	George Whittaker	U17	M	1	Blackburn	32.64	32.64	
4	27.18	Will Whiteside	U17	M	1	Gary Tunstall	31.66	31.66	
5	27.16	Toby Wilson	U17	M	1	Barrow & Furness	32.72	32.72	

DT1.25K U15M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	19.12	George Mackenzie	U15	M	1	Blackpool, Wyre & Fylde	21.83	21.83		
2	17.96	Toby Nicholson	PB	U15	M	2	Lancaster & Morecambe	17.96	17.96	
3	11.02	Codie Dewhurst	PB	U15	M	1	Blackburn	11.95	11.95	

DT1K U13M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB
1	9.70	Aiden Norris-jones	PB U13	M	2	Preston	9.70	9.70 

DT1K SW

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB
1	27.07	Susan Ball	SB	V45	W	David Needham	Blackpool, Wyre & Fylde	27.66 29.43
2	26.57	Abigail Brown	SB	U20	W	Blackburn	28.39 28.39	
3	25.45	Bekki Roche		U17	W	Southport Waterloo	29.67 32.46	
4	25.10	Emily Taberner	PB	U20	W	Blackburn	30.48 30.48	

5	20.48	Tara Procter-Kinlin	SB	SEN	W		Hyndburn	20.48	21.84	
6	20.12	Helen Goodwill	SB	V45	W		Burnley/Northern Masters	22.73	24.06	
7	19.78	Lynn Baker		V55	W		Pendle	24.13	24.13	
8	17.48	Kacie Calvert		U17	W	Dezz Reynolds	Blackpool, Wyre & Fylde	22.35	22.35	
9	16.63	Annabel Stewart	PB	U17	W		Chorley ATC	16.63	16.63	
10	13.79	Nicola Swift		V40	W	Dave Brown	Liverpool Pembroke Sefton	17.23	17.23	
11	13.30	Bethany Reid		U17	W		Chorley ATC	14.21	15.50	
12	9.93	Bethany Swift		U17	W	Dave Brown	Liverpool Pembroke Sefton	15.02	15.02	
13	8.61	Emily Reid	PB	U17	W		Chorley ATC	8.61	8.61	

DT1K U15W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB			
1	22.17	Katie Piercy	PB	U15	W	2	Barrie Hughes	Southport Waterloo	24.14	24.14	✉
2	20.13	Rebecca Fisher		U15	W	1	Syl Sampey	Lytham St. Annes	25.41	25.41	✉
3	19.38	Blythe Cordwell	PB	U15	W	1		Chorley ATC	24.81	24.81	✉
4	17.30	Hannah Giles		U15	W	2		Lancaster & Morecambe	19.40	19.40	✉
5	17.04	Chloe Molyneux		U15	W	1		Chorley ATC	20.62	20.62	✉
6	16.83	Isabella Buraimo		U15	W	1	Gary Tunstall	Preston	18.17	18.17	✉
7	16.16	Verity Glassey	PB	U15	W	1		Preston	19.22	19.22	✉
8	13.24	Grace Bontoft		U15	W	2		Blackburn	16.35	16.35	✉
9	13.13	Talia Ball	PB	U15	W	2		Blackpool, Wyre & Fylde	15.35	15.35	✉
10	12.95	Layla Allton	PB	U15	W	2		Chorley ATC	12.95	12.95	✉

DT0.75K U13W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB
1	20.49	Tilly Pollard	U13	W	2	Blackburn	24.35	24.35 
2	14.21	Apphia Keenan	PB U13	W	2	Southport Waterloo	14.21	14.21 
3	11.99	Holly Applegate	U13	W	1	Burnley	14.32	14.32 
4	11.11	Madison Bontoft	U13	W	2	Blackburn	15.22	15.22 

HT7.26K SM

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB
1	39.97	Nathan Billington	U23	M	Michael Hitchon	Blackburn	41.06	41.06
2	35.75	Alan Plumb	V35	M	Derek Butterworth	Pendle	38.51	39.27
3	33.73	Dan Upton	V40	M	Michael Martin	Richmond & Zetland/North East Vets	36.90	36.90
4	32.64	Brian Campbell	SB V45	M		Preston	33.58	37.99
5	32.39	John Edwards	SB V65	M		Burnley	32.39	37.13
6	26.81	Scott Gizon	V40	M		Burnley	27.47	27.47
7	16.24	Mark Crompton	V55	M	Dave Brown	Liverpool Pembroke Sefton/Northern Masters	21.81	21.81

HT5K U17M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB
1	47.08	Matthew Heywood	U17 M	1	Michael Hitchon	Blackburn	53.38	53.38
2	21.64	Rohan Johnson	PB U17 M	1		Blackburn	21.64	21.64

HT4K U15M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	35.41	George Lowe	PB	U15	M	2	Preston	38.11	38.11	
2	20.41	Sebastian Burton		U15	M	2	Blackburn	24.46	24.46	
3	17.47	Toby Nicholson		U15	M	2	Lancaster & Morecambe	21.35	21.35	
4	15.30	Jack Bamber		U15	M	1	Southport Waterloo	17.24	17.24	

HT4K SW									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	38.20	Emma Vickers	PB U20	W		Preston	38.91	38.91	✉
2	35.63	Rhiannan Lowe	U20	W		Preston	36.66	36.66	✉
3	27.05	Susan Ball	SB V45	W	David Needham	Blackpool, Wyre & Fylde	28.43	28.72	✉
4	20.76	Helen Goodwill	V45	W		Burnley/Northern Masters	22.61	23.67	✉
5	20.55	Tara Procter-Kinlin	SB SEN	W		Hyndburn	20.55	22.17	✉
6	15.21	Nicola Swift	SB V40	W	Dave Brown	Liverpool Pembroke Sefton	15.34	15.34	✉

HT3K U17W									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	53.17	Bekki Roche	U17	W	2	Southport Waterloo	57.83	57.83	📧
2	45.64	Ava Leigh	PB U17	W	2	Burnley/Southport Waterloo	51.89	51.89	📧
3	35.79	Emma Harrison	PB U15	W	-1	Preston	42.24	42.24	📧
4	32.19	Charlotte Jones	U17	W	1	Blackpool, Wyre & Fylde	35.76	35.76	📧
5	29.99	Tamalyn Dickinson	U15	W	-1	Gary Tunstall Preston	32.73	32.73	📧
6	25.80	Grace Bontoft	U15	W	-1	Blackburn	31.33	31.33	📧
7	21.60	Hannah Giles	U15	W	-1	Lancaster & Morecambe	22.26	22.26	📧
8	21.15	Talia Ball	U15	W	-1	Blackpool, Wyre & Fylde	24.41	24.41	📧
9	20.44	Kasey Corns	PB U17	W	1	Burnley	20.44	20.44	📧
10	20.38	Blythe Cordwell	U15	W	-2	Chorley ATC	29.60	29.60	📧

JT800 SM									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	34.93	Dave Brown	V50	M		Liverpool Pembroke Sefton/Northern Masters/Civil S	35.76	52.54	✉
2	26.46	Jon Rutter	SB V35	M		Blackpool, Wyre & Fylde	26.46	29.36	✉
3	23.04	Jeffrey Chadwick	PB V50	M		Hoad Hill/Helm Hill	23.04	23.04	✉
4	16.98	Andrew Dorrian	PB SEN	M		Hoad Hill	16.98	16.98	✉

JT700 U17M									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	30.75	Kieran Carroll	U17	M	1	Blackburn	33.27	33.27	✉
2	26.40	George Whittaker	U17	M	1	Blackburn	30.02	30.02	✉
3	21.92	Luke Suffolk	PB U17	M	1	Preston	21.92	21.92	✉

JT600 U15M									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	38.00	George Lowe	U15	M	2	Preston	48.40	48.40	✉
2	25.81	Ronnie Calverley-Sumner	U15	M	2	Hyndburn	29.55	29.55	✉
3	22.56	Jack Bamber	U15	M	1	Southport Waterloo	26.00	26.00	✉
4	14.84	Sebastian Burton	PB U15	M	2	Blackburn	21.47	21.47	✉

JT600 SW									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	38.62	Zoe Kidney	U20	W		Pendle/Leeds City	42.13	42.59	✉
2	26.24	Eve McMahon	U20	W		Southport Waterloo	28.48	28.48	✉
3	20.44	Tara Procter-Kinlin	SEN	W		Hyndburn	21.58	25.28	✉
4	10.36	Rachel Holt	PB SEN	W		Burnley	12.13	12.13	✉

JT500 U17W									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	31.48	Megan Howarth	U17	W	2	Southport Waterloo	38.04	38.04	✉

2	20.72	Liberty Thompson	PB	U17	W	2		Blackburn	20.72	20.72	✉
3	19.03	Caitlyn Finch		U17	W	2		Burnley	22.05	22.05	✉
4	18.32	Annabel Stewart		U17	W	2		Chorley ATC	22.72	22.72	✉
5	17.17	Kacie Calvert		U17	W	1	Dezz Reynolds	Blackpool, Wyre & Fylde	31.55	31.55	✉
6	17.05	Bethany Swift	PB	U17	W	2	Dave Brown	Liverpool Pembroke Sefton	17.40	17.40	✉
7	14.52	Kasey Corns		U17	W	1		Burnley	15.82	15.82	✉

JT500 U15W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB			
1	30.30	Katie Piercy	SB	U15	W	2	Barrie Hughes	Southport Waterloo	31.61	31.61	📧
2	27.87	Emily Sim		U15	W	2		Lancaster & Morecambe	32.30	32.30	📧
3	24.93	Amber Hughes		U15	W	1	Barrie Hughes	Southport Waterloo	28.19	28.19	📧
4	24.45	Caroline Woodworth	PB	U15	W	1		Blackburn	24.45	24.45	📧
5	24.08	Emma Jane Tunstall		U15	W	1	Gary Tunstall	Preston	27.47	27.47	📧
6	22.22	Isabella Buraimo	PB	U15	W	1	Gary Tunstall	Preston	24.75	24.75	📧
7	21.38	Chloe Molyneux		U15	W	1		Chorley ATC	24.29	24.29	📧
8	18.73	Aimee Clare	PB	U15	W	1		Kirkby Milers	18.73	18.73	📧
9	9.49	Lucie Broomby	PB	U15	W	2		Carlisle Aspatria	9.49	9.49	📧

JT400 U13M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB			
1	20.29	Logan Campbell	SB	U13	M	1	Gary Tunstall	Preston	28.62	28.62	📧
2	20.15	Adam Byrne	PB	U13	M	2		Southport Waterloo	20.15	20.15	📧
3	18.71	Connor Norman	PB	U13	M	2	Sarah Parsons	Blackpool, Wyre & Fylde	22.79	22.79	📧
4	18.52	Sam Jackson		U13	M	1		Preston	19.48	19.48	📧
5	17.52	Aiden Norris-jones	PB	U13	M	2		Preston	17.52	17.52	📧
6	16.00	Adam Bamber		U13	M	1		Southport Waterloo	23.56	23.56	📧
7	13.79	Findlay Carroll	PB	U13	M	1		Blackburn	19.51	19.51	📧

JT400 U13W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB
1	19.73	Sophia Ince	U13	W	1	Preston	23.41	23.41 
2	17.75	Apphia Keenan	U13	W	2	Southport Waterloo	18.84	18.84 
3	17.62	Jessica Helm	PB	U13	W	2	Wigan & District	17.62 
4	15.20	Madison Bontoft	PB	U13	W	2	Blackburn	16.55 
5	12.85	Eleanor Norris-Jones	U13	W	1	Preston	20.37	20.37 
6	11.99	Charlotte Hughes	U13	W	1	Barrie Hughes Southport Waterloo	13.10	13.10 
7	11.50	Kady Thompson	PB	U13	W	2	Blackburn	19.82 
8	10.45	Honor Morton	PB	U13	W	1	Barrow & Furness	12.35 
9	9.20	Amaliea Williams	PB	U13	W	1	Burnley	9.20 
10	6.32	Sydney Ellison	U13	W	1	Lancaster & Morecambe	12.39	12.39 