

70 U11M								
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB
1	10.2	Jake Howe	PB U11 M	11		Seaton	10.2	10.2 
2	10.6	George Robinson	U11 M			Seaton		
3	10.7	Declan Denwood	PB U11 M	10		Seaton	10.5	10.5 
4	11.0	Alex Bell	U11 M	10		Annan	10.9	10.9 
5	11.0	Marcus Dean	PB U11 M	11		Seaton	10.7	10.7 
6	11.3	Alec Masloukhi	U11 M			Seaton		
70 U11M h1								
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB
1	11.2	George Robinson	U11 M			Seaton		
2	11.2	Marcus Dean	PB U11 M	11		Seaton	10.7	10.7 
3	11.6	Alec Masloukhi	U11 M			Seaton		
4	11.7	Joe Gorge	U11 M	11		Seaton	11.5	11.5 
5	11.9	Leo Critchley	U11 M			B&FS		
6	12.9	Joe Burke	U11 M			Seaton		
70 U11M h2								
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB
1	10.7	Jake Howe	PB U11 M	11		Seaton	10.2	10.2 
2	11.1	Declan Denwood	PB U11 M	10		Seaton	10.5	10.5 
3	11.5	Alex Bell	U11 M	10		Annan	10.9	10.9 
4	11.7	Finlay Harper	U11 M	11		Seaton	11.3	11.3 
5	11.9	Reece Sowerby	SB U11 M	10		Seaton	11.9	11.6 
6	14.3	Jack Bailey	U11 M			Seaton		
70 U11W								
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB
1	10.3	Alyssa Hodgson	PB U11 W	11		Seaton	10.2	10.2 
2	10.6	Grace Whitfield	PB U11 W	11		Seaton	10.2	10.2 
3	10.9	Ava Bell	PB U11 W	10		Annan	10.9	10.9 
4	10.9	Esme Doyle	PB U11 W	11		Barrow & Furness	10.9	10.9 
5	11.6	Meya Moore	PB U11 W	10		Seaton	11.6	11.6 
6	11.9	Lexie Hutchinson	U11 W			Seaton		
70 U11W h1								
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB
1	10.5	Grace Whitfield	PB U11 W	11		Seaton	10.2	10.2 
2	10.6	Alyssa Hodgson	PB U11 W	11		Seaton	10.2	10.2 
3	10.9	Antonia Brockley	PB U11 W	10		Annan	10.8	10.8 
4	11.5	Mahaya Mohan	U11 W	11		Barrow & Furness	10.9	10.9 
5	12.5	Emma Dawson	PB U11 W	10		Carlisle Aspatria	12.5	12.5 
6	12.7	Zara Robinson	PB U11 W	10		Copeland	12.7	12.7 
70 U11W h2								
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB
1	11.1	Esme Doyle	PB U11 W	11		Barrow & Furness	10.9	10.9 

2	11.4	Lyvie Bryson	U11 W	11		Annan	11.1	11.1	
3	11.6	Ruby Stewart	U11 W	10		Seaton	11.2	11.2	
4	12.5	Daisy Woodcock	SB U11 W	10		Seaton	12.5	12.3	
5	12.6	Bridget Starkie	U11 W	9		Copeland	12.1	12.1	
6	13.3	Marcie Seath	PB U11 W	9		Copeland	13.3	13.3	

70 U11W h3

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	11.1	Ava Bell	U11 W	10		Annan	10.9	10.9	
2	11.6	Edie-Jo Mattinson	PB U11 W	11		Copeland	11.2	11.2	
3	12.7	Honey Ward	U11 W			Seaton			
4	12.7	Arwen Cooper	U11 W			Copeland			
5	12.9	Chantelle Waddington	U11 W			B&FS			
6	13.2	Kaitlyn Quayle	U11 W			Seaton			

70 U11W h4

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	11.8	Meya Moore	U11 W			Seaton			
2	12.3	Carmen Barbour	U11 W	10		Annan	11.7	11.7	
3	12.8	Saffi Walker	U11 W	9		Copeland	12.2	12.2	
4	12.9	Kenzie Jefferson	U11 W			B&FS			
5	13.1	Bayley Mackie	PB U11 W	11		Copeland	12.8	12.8	

70 U11W h5

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	12.3	Lexie Hutchinson	U11 W			Seaton			
2	12.6	Sophie Harrison	PB U11 W	9		Carlisle Aspatria	12.6	12.6	
3	13.3	Millie Graham	U11 W			Seaton			
4	13.9	Alice Telfor	PB U11 W	10		Copeland	13.9	13.9	

75 U13M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	10.3	Alfie Lamb	PB U13 M	2	Graham Millican	Seaton	10.1	10.1	
2	10.4	Trent John Chapman	PB U13 M	2		Border	9.9	9.9	
3	10.8	Myles Farren	U13 M	1		Barrow & Furness	10.7	10.7	
4	10.9	Harrison Rogers	PB U13 M	1		Copeland	10.9	10.9	
5	11.7	Jonas Rowell	PB U13 M	2		Seaton	11.4	11.4	
6	12.0	Freddie Wilson	U13 M	1		Copeland	11.6	11.6	

75 U13M h1

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	10.3	Trent John Chapman	PB U13 M	2		Border	9.9	9.9	
2	10.7	Myles Farren	PB U13 M	1		Barrow & Furness	10.7	10.7	
3	11.0	Harrison Rogers	U13 M	1		Copeland	10.9	10.9	
4	11.8	Jonas Rowell	PB U13 M	2		Seaton	11.4	11.4	
5	11.9	Oliver Walker	PB U13 M	1		Seaton	11.9	11.9	
6	12.0	Kai Cartmell	U13 M	1		Copeland	11.5	11.5	

75 U13M h2									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	10.5	Alfie Lamb	PB U13 M	2	Graham Millican	Seaton	10.1	10.1	
2	11.7	Freddie Wilson	U13 M	1		Copeland	11.6	11.6	
3	12.8	Josh Quayle	PB U13 M	1		Seaton	12.8	12.8	
4	12.8	Jack Piggott	U13 M	1		Copeland	12.7	12.7	
5	14.2	Evan Beach	U13 M	1		Barrow & Furness	13.7	13.7	
75 U13W									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	10.8	Courtney Barbour	PB U13 W	2		Annan	10.5	10.5	
2	10.9	Hannah Bushby	PB U13 W	2		Barrow & Furness	10.6	10.6	
3	11.2	Matilda Brockley	PB U13 W	1		Annan	11.1	11.1	
4	11.2	Eden Hetherington	PB U13 W	2		Seaton	11.2	11.2	
5	11.3	Greta Morton	U13 W	1		Barrow & Furness	11.0	11.0	
6	11.6	Zoe Stewart	U13 W	2		Seaton	11.5	11.5	
75 U13W h1									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	11.0	Courtney Barbour	U13 W	2		Annan	10.5	10.5	
2	11.1	Hannah Bushby	PB U13 W	2		Barrow & Furness	10.6	10.6	
3	11.5	Zoe Stewart	PB U13 W	2		Seaton	11.5	11.5	
4	11.6	Isla Herbert	PB U13 W	1		Seaton	10.9	10.9	
5	11.8	Zara Armstrong	PB U13 W	1		Copeland	11.8	11.8	
75 U13W h2									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	11.2	Matilda Brockley	PB U13 W	1		Annan	11.1	11.1	
2	11.2	Greta Morton	U13 W	1		Barrow & Furness	11.0	11.0	
3	11.3	Eden Hetherington	U13 W	2		Seaton	11.2	11.2	
4	11.8	Grace Vickers	PB U13 W	2		Seaton	11.8	11.8	
5	13.0	Ava Greeson	U13 W	1		Copeland	12.7	12.7	
100 U20M									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	11.1	Louie Doran	PB U20 M	2		Seaton	11.1	11.1	
2	12.3	Joseph Crawford	PB U17 M	-2		Seaton	11.9	11.9	
3	14.0	Dylan Stalker	SB U20 M	1		Seaton	13.1	13.1	
100 U15M									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	12.3	Ethan Seeds	PB U15 M	2		Seaton	12.2	12.2	
2	12.4	Robbie Byers	PB U15 M	2		Annan	12.0	12.0	
3	13.4	Sam Rowell	PB U15 M	2		Seaton	13.4	13.4	
3	13.4	Lucas Farren	PB U15 M	1		Barrow & Furness	12.7	12.7	
5	13.7	Jack Lynch	U15 M			Annan&Dist			
6	14.2	Oliver Metcalf	PB U15 M	1		Seaton	13.9	13.9	
100 U15M h1									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	12.3	Ethan Seeds	PB U15 M	2		Seaton	12.2	12.2	

2	12.6	Robbie Byers	PB	U15 M	2		Annan	12.0	12.0	✉
3	13.5	Lucas Farren	PB	U15 M	1		Barrow & Furness	12.7	12.7	✉
4	14.5	Daniel Woodcock	SB	U15 M	2		Seaton	14.5	14.2	✉

100 U15M h2

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	13.6	Sam Rowell	PB	U15 M	2	Seaton	13.4	13.4	✉
2	14.0	Oliver Metcalf	PB	U15 M	1	Seaton	13.9	13.9	✉
3	14.1	Jack Lynch		U15 M		Annan&Dist			✉
4	14.6	Matthew Casson		U15 M	1	Seaton	14.1	14.1	✉
5	17.0	Charlie McGlennon	PB	U15 M	1	Copeland	17.0	17.0	✉

100 U20W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	13.1	Nia Foster		U17 W	-2		Seaton	12.8	12.8	✉
2	13.1	Lauren Parr	SB	U20 W	2		Seaton	13.1	12.8	✉
3	13.3	Bethan Parr	SB	U17 W	-2		Seaton	13.1	13.1	✉
4	13.5	Millie Chadwick	SB	U20 W	1		Barrow & Furness	13.5	13.1	✉
5	14.3	Nicole Byers		U20 W	1		Annan	14.2	13.7	✉

100 U15W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	13.1	Rosie Lawler	PB U15 W	1		Copeland	13.1	13.1	✉
2	13.9	Isabel Sunley	U15 W	2		Seaton	13.8	13.4	✉
3	14.0	India Starkie	U15 W	1		Seaton	13.9	13.9	✉
4	14.3	Amy Clark	SB U15 W	2		Seaton	13.4	13.4	✉
5	16.2	Hannah Jack	PB U15 W	2		Annan	16.0	16.0	✉

150 U13M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	20.1	Trent John Chapman	PB U13 M	2		Border	19.4	19.4	
2	21.5	Myles Farren	U13 M	1		Barrow & Furness	21.0	21.0	
3	22.7	Kyran Wotherspoon	PB U13 M	1		Annan	21.6	21.6	
4	23.6	Jonas Rowell	U13 M	2		Seaton	22.3	22.3	
5	23.7	Freddie Wilson	PB U13 M	1		Copeland	23.7	23.7	

150 U13M h1

150 U13M H1									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	22.1	Myles Farren	U13 M	1		Barrow & Furness	21.0	21.0	✉
2	22.9	Jonas Rowell	PB U13 M	2		Seaton	22.3	22.3	✉
3	23.0	Kyran Wotherspoon	PB U13 M	1		Annan	21.6	21.6	✉
4	24.0	Freddie Wilson	PB U13 M	1		Copeland	23.7	23.7	✉

150 U13M h2

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	20.5	Trent John Chapman	PB	U13 M	2	Border	19.4	19.4	✉
2	21.3	Callum Howe	SB	U13 M	2	Seaton	21.3	20.6	✉
3	25.7	Finlay Scott		U13 M		Annan&Dist			✉

150 U13W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	21.5	Courtney Barbour	U13 W	2		Annan	20.7	20.7	

2	21.9	Hannah Bushby	PB	U13 W	2		Barrow & Furness	20.9	20.9	
3	22.3	Freya Blaikie	PB	U13 W	1		Annan	22.3	22.3	
4	22.4	Eden Hetherington	PB	U13 W	2		Seaton	22.4	22.4	
5	22.5	Greta Morton		U13 W	1		Barrow & Furness	22.1	22.1	
6	23.2	Isla Herbert	PB	U13 W	1		Seaton	22.9	22.9	

150 U13W h1

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	21.8	Courtney Barbour	U13 W	2		Annan	20.7	20.7	
2	23.0	Eden Hetherington	U13 W	2		Seaton	22.4	22.4	
3	23.0	Greta Morton	U13 W	1		Barrow & Furness	22.1	22.1	
4	24.3	Zoe Stewart	U13 W	2		Seaton	23.8	23.8	

150 U13W h2

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	22.3	Hannah Bushby	PB U13 W	2		Barrow & Furness	20.9	20.9	
2	22.7	Freya Blaikie	PB U13 W	1		Annan	22.3	22.3	
3	23.5	Isla Herbert	PB U13 W	1		Seaton	22.9	22.9	

200 U20M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	23.6	Louie Doran	U20 M	2		Seaton	22.6	22.6	
2	25.5	Brad King	PB U20 M	2		Seaton	25.3	25.3	
3	26.2	Samuel Jackson	SB U20 M	1		Barrow & Furness	26.2	25.9	

200 U15M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	27.5	Lucas Farren	PB	U15 M	1	Barrow & Furness	25.9	25.9	
2	28.3	Sam Rowell	PB	U15 M	2	Seaton	26.6	26.6	
3	29.4	Mason McAneney	PB	U15 M	1	Eden Runners	29.4	29.4	
4	29.4	Daniel Woodcock	PB	U15 M	2	Seaton	29.4	29.4	

200 U17W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	28.2	Amelia Metcalf	SB U17 W	1		Seaton	28.0	27.4	
2	28.7	Annabelle Taylor	U17 W	1	Paul Van Iterson	Carlisle Aspatria	27.67	27.67	
3	32.6	Erin Thompson	U17 W			Annan&Dist			

200 U15W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	27.4	Rosie Lawler	PB	U15 W	1	Copeland	27.2	27.2	
2	28.7	Isabel Sunley		U15 W	2	Seaton	28.4	27.8	
3	29.0	Rebecca O'Donovan		U15 W	2	Barrow & Furness	28.1	28.1	
4	33.6	Ishana Mohan	PB	U15 W	1	Barrow & Furness	31.9	31.9	

300 U17X

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	42.4	Robbie Byers	U15 M	-1		Annan	40.10	40.10	
2	46.1	Amelia Metcalf	SB U17 W	1		Seaton	46.1	43.3	
3	46.2	Abigail Iredale	U15 W	-1		Ellenborough	44.39	44.39	

4	47.1	Isla Cooper	U15 W	-1		Annan	45.5	45.5	
---	------	-------------	-------	----	--	-------	------	------	--

400 U20M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	56.8	Brad King	U20 M	2		Seaton	55.6	55.6	
2	58.0	Samuel Jackson	PB U20 M	1		Barrow & Furness	57.5	57.5	

600 U11M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	1:55.9	Declan Denwood	PB U11 M	10		Seaton	1:48.4	1:48.4	
2	2:05.3	Joe Gorge	U11 M	11		Seaton	1:59.2	1:59.2	
3	2:07.1	Alex Bell	U11 M	10		Annan	1:57.5	1:57.5	
4	2:08.1	Finlay Harper	PB U11 M	11		Seaton	1:58.6	1:58.6	
5	2:08.5	Harley Wells	PB U11 M	10		Copeland	2:04.2	2:04.2	
6	2:37.0	Leo Critchley	U11 M			B&FS			

600 U11W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	2:05.7	Mahaya Mohan	U11 W	11		Barrow & Furness	1:58.5	1:58.5	
2	2:10.6	Esme Doyle	U11 W	11		Barrow & Furness	2:07.0	2:02.1	
3	2:14.2	Daisy Woodcock	SB U11 W	10		Seaton	2:14.2	2:13.5	
4	2:16.3	Ruby Stewart	U11 W	10		Seaton	2:11.4	2:11.4	
5	2:20.9	Grace Whitfield	U11 W	11		Seaton	2:11.5	2:11.5	
6	2:23.4	Sophie Harrison	U11 W	9		Carlisle Aspatria	2:15.7	2:15.7	
7	2:23.6	Bayley Mackie	U11 W	11		Copeland	2:22.4	2:22.4	
8	2:27.6	Lexie Hutchinson	U11 W			Seaton			
9	2:34.6	Meya Moore	U11 W	10		Seaton	2:25.1	2:25.1	
10	2:37.8	Honey Ward	U11 W			Seaton			
11	2:39.1	Kenzie Jefferson	U11 W			B&FS			
12	2:40.9	Chantelle Waddington	U11 W			B&FS			

800 U20X

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	2:15.2	Oliver Saxon	U17 M			Eden			
2	2:18.6	Samuel Jackson	PB U20 M	1		Barrow & Furness	2:18.6	2:18.6	
3	2:19.1	Craig Bottomley	U20 M	1		Eden Runners	2:08.62	2:08.62	
4	2:20.7	Brad King	U20 M	2		Seaton	2:09.1	2:07.3	
5	2:21.2	Nathan Ormandy	U17 M	-2		Barrow & Furness	2:15.4	2:15.4	
6	2:28.7	Jemma Atkinson	U17 W	-1		Seaton	2:22.7	2:22.7	
7	2:30.4	Emily Swarbrick	SB U17 W	-2	Brian Thompson	Copeland/Cumberland Fell Runners	2:30.4	2:28.9	

800 U15X

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	2:23.9	Eve Riley	PB U15 W	2		Seaton	2:19.67	2:19.67	
2	2:28.3	Ebony Blackwell	SB U15 W	1	Graham Millican	Copeland	2:21.85	2:21.85	

3	2:29.8	Oliver Metcalf	SB	U15 M	1		Seaton	2:29.8	2:26.9	
4	2:30.9	Isla Cooper	PB	U15 W	2		Annan	2:30.9	2:30.9	
5	2:33.0	Mason McAneney	SB	U15 M	1		Eden Runners	2:33.0	2:28.4	
6	2:33.4	Laura Brown		U15 W	2		Barrow & Furness	2:27.54	2:24.3	
7	2:47.2	Nicole Ritchie		U15 W	1		Annan	2:38.77	2:38.77	
8	2:50.2	Ellie Byers	PB	U15 W	1		Annan	2:50.2	2:50.2	
9	2:53.8	Fayth Bowness		U15 W	1		Copeland	2:48.8	2:47.1	

800 U13M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB		
1	2:19.2	Alfie Lamb	PB	U13 M	2	Graham Millican	Seaton	2:16.73	2:16.73	✉
2	2:48.3	Callum Thompson	PB	U13 M	2		Annan	2:48.3	2:48.3	✉
3	2:49.5	Kyran Wotherspoon		U13 M	1		Annan	2:42.6	2:42.6	✉
4	3:03.2	Finlay Scott		U13 M			Annan&Dist			✉
5	3:20.9	Evan Beach		U13 M	1		Barrow & Furness	3:09.0	3:09.0	✉

800 U13W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	2:40.6	Rachel Casson	U13 W	2		Seaton	2:31.8	2:31.8	✉
2	2:42.3	Olivia Swarbrick	PB U13 W	2	Brian Thompson	Copeland/Cumberland Fell Runners	2:42.3	2:42.3	✉
3	2:49.3	Evie Bryden	U13 W	2		Annan	2:47.07	2:47.07	✉
4	3:04.0	Grace Thorburn	U13 W	1		Annan	2:54.8	2:54.8	✉
5	3:07.3	Phoebe Thorburn	PB U13 W	1		Annan	3:02.5	3:02.5	✉
6	3:09.1	Honor Morton	U13 W	1		Barrow & Furness	2:49.71	2:49.71	✉

HJ U17M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	1.40	Nathan Ormandy	SB U17 M	1		Barrow & Furness	1.40	1.46	

HJ U15M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	1.46	Ethan Seeds	U15 M	2		Seaton	1.58	1.58	
2	1.40	Oliver Denvir	PB U15 M	1	Terry Hughes	Seaton	1.46	1.46	

HJ U13M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	1.16	Freddie Wilson	U13 M	1		Copeland	1.30	1.30	

HJ U11M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	0.95	Jake Howe	PB U11 M	11		Seaton	1.05	1.05	

HJ U17W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	1.33	Annabelle Taylor	U17 W	1	Paul Van Iterson	Carlisle Aspatria	1.42	1.42	
2	1.30	Shannon Thompson	U17 W	1		Seaton	1.45	1.45	

HJ U13W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	1.30	Matilda Brockley	PB U13 W	1		Annan	1.30	1.30	
2	1.13	Freya Blaikie	PB U13 W	1		Annan	1.13	1.13	

LJ U15M									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	5.14	Ethan Seeds	PB U15 M	2	Terry Hughes	Seaton	5.30	5.30	✉
2	4.50	Lucas Farren	U15 M	1		Barrow & Furness	5.28	5.28	✉
3	4.49	Sam Rowell	PB U15 M	2		Seaton	4.62	4.62	✉
4	4.22	Oliver Metcalf	SB U15 M	1		Seaton	4.25	4.46	✉
5	3.98	Oliver Denvir	U15 M	1		Seaton	4.53	4.53	✉
LJ U13M									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	3.84	Harrison Rogers	PB U13 M	1		Copeland	4.07	4.07	✉
2	3.83	Myles Farren	U13 M	1		Barrow & Furness	4.30	4.30	✉
3	3.35	Kyran Wotherspoon	U13 M	1		Annan	3.88	3.88	✉
4	3.33	Callum Thompson	U13 M	2		Annan	3.38	3.38	✉
5	3.23	Jonas Rowell	U13 M	2		Seaton	3.79	3.79	✉
6	3.14	Oliver Walker	U13 M	1		Seaton	3.44	3.59	✉
7	3.00	Jack Piggott	U13 M	1		Copeland	3.81	3.81	✉
8	2.92	Josh Quayle	U13 M	1		Seaton	3.14	3.14	✉
9	2.87	Kai Cartmell	U13 M	1		Copeland	3.00	3.00	✉
10	2.42	Evan Beach	U13 M	1		Barrow & Furness	2.86	2.86	✉
LJ U11M									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	3.41	Marcus Dean	PB U11 M	11		Seaton	3.64	3.64	✉
2	3.29	Jake Howe	U11 M	11		Seaton	3.84	3.84	✉
3	3.09	George Robinson	U11 M			Seaton			✉
4	3.07	Alec Masloukhi	U11 M			Seaton			✉
5	2.92	Declan Denwood	U11 M	10		Seaton	3.52	3.52	✉
6	2.85	Reece Sowerby	SB U11 M	10		Seaton	2.85	3.02	✉
7	2.80	Jack Bailey	U11 M			Seaton			✉
8	2.76	Harley Wells	U11 M	10		Copeland	3.17	3.17	✉
9	2.47	Joe Burke	U11 M			Seaton			✉
LJ U20W									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	4.63	Millie Chadwick	SB U20 W	1		Barrow & Furness	4.93	5.07	✉
LJ U17W									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	5.10	Annabelle Taylor	PB U17 W	1	Paul Van Iterson	Carlisle Aspatria	5.10	5.10	✉
2	4.85	Bethan Parr	SB U17 W	1		Seaton	4.93	4.93	✉
3	4.72	Shannon Thompson	PB U17 W	1		Seaton	4.72	4.72	✉
4	4.35	Nia Foster	U17 W	1		Seaton	5.09	5.09	✉
5	3.96	Erin Thompson	PB U17 W	1		Annan	3.96	3.96	✉
LJ U15W									
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	4.69	Rebecca O'Donovan	PB U15 W	2		Barrow & Furness	4.73	4.73	✉
2	4.56	Amy Clark	SB U15 W	2		Seaton	4.69	4.69	✉
3	4.09	Zara Sandelands	PB U15 W	1		Seaton	4.09	4.09	✉

4	4.01	Megan Crelling		U15 W	2		Seaton		4.18	4.18	✉
5	3.72	Ishana Mohan	PB	U15 W	1		Barrow & Furness		3.72	3.72	✉
LJ U13W											
Pos	Perf	Name		AG	Year	Coach	Club		SB	PB	
1	4.49	Courtney Barbour		PB	U13 W	2	Annan		4.54	4.54	✉
2	4.11	Matilda Brockley		PB	U13 W	1	Annan		4.11	4.11	✉
3	4.06	Freya Blaikie		PB	U13 W	1	Annan		4.06	4.06	✉
4	3.88	Hannah Bushby		PB	U13 W	2	Barrow & Furness		4.16	4.16	✉
5	3.68	Zoe Stewart		PB	U13 W	2	Seaton	3.68	3.68	✉	
6	3.58	Zara Armstrong		PB	U13 W	1	Copeland	3.58	3.58	✉	
7	3.50	Greta Morton		PB	U13 W	1	Barrow & Furness	3.79	3.79	✉	
8	3.45	Isla Herbert		PB	U13 W	1	Seaton	3.45	3.45	✉	
9	3.37	Honor Morton		PB	U13 W	1	Barrow & Furness	3.37	3.37	✉	
10	3.31	Phoebe Thorburn		PB	U13 W	1	Annan	3.41	3.41	✉	
11	3.26	Grace Thorburn		PB	U13 W	1	Annan	3.35	3.35	✉	
12	2.90	Ava Greeson		PB	U13 W	1	Copeland	3.03	3.03	✉	
LJ U11W											
Pos	Perf	Name		AG	Year	Coach	Club		SB	PB	
1	3.90	Grace Whitfield		PB	U11 W	11	Seaton	3.99	3.99	✉	
2	3.87	Esme Doyle		PB	U11 W	11	Barrow & Furness	3.87	3.87	✉	
3	3.34	Alyssa Hodgson			U11 W	11	Seaton	3.64	3.64	✉	
4	3.30	Mahaya Mohan		PB	U11 W	11	Barrow & Furness	3.40	3.40	✉	
5	3.26	Lyvie Bryson			U11 W	11	Annan	3.52	3.52	✉	
6	3.03	Carmen Barbour			U11 W	10	Annan	3.30	3.30	✉	
7	2.99	Antonia Brockley		PB	U11 W	10	Annan	3.51	3.51	✉	
8	2.96	Daisy Woodcock		PB	U11 W	10	Seaton	2.96	2.96	✉	
9	2.94	Edie-Jo Mattinson			U11 W	11	Copeland	3.06	3.06	✉	
10	2.88	Emma Dawson		PB	U11 W	10	Carlisle Aspatria	3.20	3.20	✉	
11	2.66	Ava Bell			U11 W	10	Annan	2.81	2.81	✉	
12	2.64	Ruby Stewart			U11 W	10	Seaton	3.03	3.03	✉	
13	2.61	Zara Robinson		PB	U11 W	10	Copeland	2.61	2.61	✉	
14	2.57	Lexie Hutchinson			U11 W		Seaton			✉	
15	2.54	Bridget Starkie		PB	U11 W	9	Copeland	2.54	2.54	✉	
15	2.54	Kaitlyn Quayle			U11 W		Seaton			✉	
17	2.49	Alice Telfor		PB	U11 W	10	Copeland	2.49	2.49	✉	
18	2.44	Marcie Seath		PB	U11 W	9	Copeland	2.44	2.44	✉	
19	2.40	Honey Ward			U11 W		Seaton			✉	
20	2.39	Bayley Mackie		PB	U11 W	11	Copeland	2.39	2.39	✉	
21	2.34	Chantelle Waddington			U11 W		B&FS			✉	
22	2.32	Meya Moore			U11 W	10	Seaton	2.73	2.73	✉	
23	2.26	Kenzie Jefferson			U11 W		B&FS			✉	

24	2.21	Saffi Walker	U11 W	9	Copeland	2.57	2.57	
25	2.20	Millie Graham	U11 W		Seaton			
26	2.12	Sophie Harrison	U11 W	9	Carlisle Aspatria	2.84	2.84	
27	1.90	Arwen Cooper	U11 W		Copeland			

SP6K U20M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	12.73	Joseph Moore	SB U20 M	2		Seaton	12.73	13.21	
2	6.32	Dylan Stalker	U20 M	1		Seaton	6.48	6.48	

SP5K U17M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	10.16	Joseph Crawford	U17 M	1		Seaton	11.94	11.94	
2	7.60	Max Doran	PB U17 M	2		Seaton	7.60	7.60	

SP4K U15M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	12.14	Oscar Doran	PB U15 M	2		Seaton	12.14	12.14	
2	6.86	Dylan Robinson	PB U15 M	2		Copeland	7.52	7.52	

SP4K U20W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	9.31	Abbie Johnstone	U20 W	3		Copeland	9.52	10.03	
2	5.06	Nicole Byers	U20 W	1		Annan	5.59	5.59	

SP3K U13M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	8.17	Harry Piggott	PB U13 M	2		Copeland	9.84	9.84	
2	5.05	Kai Cartmell	U13 M	1		Copeland	5.23	5.23	

SP3K U17W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	9.66	Abigail Wright	PB U17 W	1		Seaton	9.66	9.66	

SP3K U15W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	8.43	Erin Quinn	U15 W	1	John Little	Annan	9.55	9.55	
2	7.89	Katey Quayle	PB U15 W	2		Seaton	8.45	8.45	
3	6.80	Laura Brown	U15 W	2		Barrow & Furness	7.52	8.48	
4	6.10	Alexia Buchanan	PB U15 W	1		Copeland	7.01	7.01	
5	5.24	Catherine Crichton	U15 W	1		Copeland	6.63	6.63	

SP2.72K U13W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	5.79	Evie Bryden	U13 W	2		Annan	6.69	6.69	
2	4.01	Phoebe Thorburn	U13 W	1		Annan	4.49	4.49	
3	3.93	Grace Thorburn	U13 W	1		Annan	4.50	4.50	

DT1.75K U20M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	33.36	Joseph Moore	SB U20 M	2		Seaton	33.36	35.90	

DT1.5K U17M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	18.87	Joseph Crawford	PB U17 M	1		Seaton	18.87	18.87	

DT1.25K U15M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	15.50	Dylan Robinson	U15 M	2		Copeland	22.78	22.78	

DT1K U13M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	19.25	Harry Piggott	U13 M	2		Copeland	22.56	22.56	

DT1K U20W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	21.62	Abbie Johnstone	U20 W	3		Copeland	28.53	31.42	

DT1K U17W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	19.11	Abigail Wright	U17 W	1		Seaton	27.87	27.87	
2	13.27	Amelia Metcalf	U17 W	1		Seaton	19.11	19.11	

DT1K U15W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	22.74	Erin Quinn	U15 W	1	John Little	Annan	29.09	29.09	
2	20.94	Katey Quayle	PB U15 W	2		Seaton	23.59	23.59	
3	17.63	Ellie Byers	PB U15 W	1		Annan	20.48	20.48	
4	13.01	Catherine Crichton	U15 W	1		Copeland	21.37	21.37	
5	10.89	Alexia Buchanan	U15 W	1		Copeland	14.38	14.38	

DT0.75K U13W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	14.21	Evie Bryden	PB U13 W	2		Annan	24.01	24.01	

JT800 U20M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	22.96	Joseph Moore	U20 M	2		Seaton	23.38	24.44	
2	17.99	Dylan Stalker	U20 M	1		Seaton	22.05	22.05	

JT600 U15M

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	42.49	Oscar Doran	PB U15 M	2		Seaton	42.49	42.49	
2	31.20	Daniel Woodcock	PB U15 M	2		Seaton	36.54	36.54	
3	24.12	Dylan Robinson	PB U15 M	2		Copeland	30.02	30.02	
4	3.00	Charlie McGlennon	U15 M	1		Copeland	9.55	9.55	

JT600 U20W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	23.66	Abbie Johnstone	U20 W	3		Copeland	24.54	25.05	
2	21.43	Millie Chadwick	U20 W	1		Barrow & Furness	25.88	25.88	

JT500 U17W

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	29.06	Bethan Parr	U17 W	1		Seaton	30.72	32.85	
2	24.10	Abigail Wright	U17 W	1		Seaton	28.79	28.96	

JT500 U15W								
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB
1	23.89	Rosie Lawler	U15 W	1		Copeland	30.02	30.02 
2	23.25	Katey Quayle	U15 W	2		Seaton	27.21	27.21 
3	18.18	Rebecca O'Donovan	SB U15 W	2		Barrow & Furness	18.18	18.66 
4	16.55	Nicole Ritchie	U15 W	1		Annan	19.05	19.05 
5	15.19	Catherine Crichton	U15 W	1		Copeland	17.39	17.39 
6	15.08	Ellie Byers	U15 W	1		Annan	16.10	16.10 
7	14.70	Isla Cooper	PB U15 W	2		Annan	14.70	14.70 
8	13.68	Alexia Buchanan	PB U15 W	1		Copeland	16.00	16.00 

JT400 U13M								
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB
1	19.53	Harry Piggott	PB U13 M	2		Copeland	30.98	30.98 
2	18.47	Jack Piggott	U13 M	1		Copeland	25.07	25.07 
3	16.20	Harrison Rogers	U13 M	1		Copeland	27.88	27.88 
4	14.61	Oliver Walker	PB U13 M	1		Seaton	21.76	21.76 
JT400 U13W								
Pos	Perf	Name	AG	Year	Coach	Club	SB	PB
1	10.46	Zara Armstrong	U13 W	1		Copeland	20.13	20.13 
2	8.16	Honor Morton	U13 W	1		Barrow & Furness	12.35	12.35 